

ENGLISH AS A SECOND LANGUAGE (ESL)

(Affiliated with the Department of English)

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ENGLISH PLACEMENT TEST (EPT)

The medium of instruction at UWest is English; therefore, all applicants, including international students, are expected to be proficient in English. Applicants to the English as a Second Language (ESL) program as well as degree program applicants with TOEFL or IELTS scores that are insufficient for admission directly to a degree program are required to take the English Placement Test (EPT) when they report to UWest. Based on the student's EPT score, he/she may be admitted directly to the degree program or placed in the ESL/Academic English Skills Bridge sequence, beginning with the level at which he/she is assessed.

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International students with three or more years of successful participation in a college or university academic program where English was the primary language of instruction may not be required to submit a TOEFL or IELTS score or to take the English Placement Test.

The EPT is offered one week prior to the start of each semester, usually in conjunction with New Student Orientation.

EPT Dates

Semester	EPT Date
Fall	One week before semester begins (during New Student Orientation)
Spring	One week before semester begins (during New Student Orientation)
Summer Session I (Degree program courses)	One week before semester begins
Summer Session II (ESL Courses)	One week before semester begins

About the EPT Exam

Section	Time	Description
Writing Essay	30 Minutes	Students write a short essay answering a question or prompt. A typical short essay will include an introduction, thesis statement, body that supports the thesis, and a conclusion.
Paper Test (100 Multiple Choice)	45 Minutes	
Listening Comprehension		20 Questions: The listening comprehension part of the test assesses understanding of spoken English. You will listen to and answer 20 multiple choice questions.
Grammar		30 Questions: The grammar part of the test assesses your grammar knowledge. You will read short conversations and answer 30 multiple choice questions
Vocabulary		30 Questions: The vocabulary part of the test assesses your vocabulary knowledge. You will read a sentence and answer 30 multiple choice questions.
Reading Comprehension		20 Questions: The reading comprehension part of the test is meant to assess your reading skills. You will read a short passage and answer 20 multiple choice questions.
Oral Interview	5-10 Minutes Each Student	Students are interviewed individually and are asked 3 questions about a specific topic. Students will have about 1 minute to answer each question.

EPT Scores and Placement

The following scores are used to determine eligibility for academic placement based on language proficiency.

Placement	ESL Courses Only	Academic English 90 Courses Only	Concurrent Enrollment Bridge & Degree Courses	Clear to Register For Degree Courses
Undergraduate Application	64 or lower See ESL Chart	65-74	75-79	80 or higher
Graduate Application	69 or lower See ESL chart	70-74	75-84	85 or higher
*ESL Level	Beginning	Intermediate	High Intermediate	Advanced
Score	1-20	21-40	41-50	51-63 Undergraduate 51-68 Graduate

ENGLISH AS A SECOND LANGUAGE CERTIFICATE PROGRAM & ENGLISH ACADEMIC BRIDGE

ESL Program Introduction

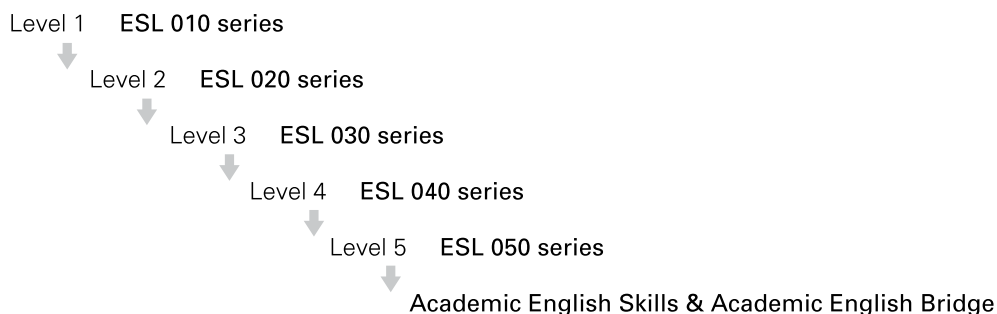
The goal of the English as a Second Language (ESL) Program at UWest is to provide students with direct language instruction and support necessary to improve English proficiency for personal, professional and academic purposes. To meet the needs of individual students, a number of courses are offered across levels and skill areas. Fluency is developed through a comprehensive curriculum grounded in the language domains of speaking, listening, grammar reading, conversation, pronunciation and writing.

English for Academic Purposes (EAP)

EAP at UWest focuses instruction on skills required for student success in an English-speaking academic context across core subject areas. English for Academic Purposes is integrated into the ESL curriculum at UWest with the aim of improving English skills necessary for academic success at the university level. Emphasis is placed on the following language domains: reading, grammar, writing, and vocabulary, listening comprehension, fluency development, oral intelligibility. Academic skills addressed include: test and note taking skills, academic vocabulary usage, critical reading and writing, comprehending academic lectures, research and library skills, formal composition forms and development, including research papers.

ESL Course Sequence

Students begin at the level indicated by their EPT results, and progress through the English Language sequence as follows. Standard enrollment for students placed in English as a Second Language (ESL) courses is 20 hours/week, while Academic English and Bridge courses meet 3 hours per week.



Instructors

UWest's ESL teachers hold advanced degrees in such fields as English, TESOL, linguistics, and cultural studies. Many of them also teach courses in the University's General Education and Academic English program, which gives them insight into the immediate academic needs of those students who plan to continue their education at UWest or another American university.

ESL Attendance Policy

The ESL Program is an intensive language learning program. In order to succeed, students need to attend classes regularly and participate actively. Ninety percent (90%) attendance is required to receive a passing grade in any course.

Students who miss more than 10 hours of a given ESL course during one semester and do not submit evidence of acceptable reasons for such absences may be dropped from the course by decision of the Dean of Academic Affairs. For international students (F-1 visa holders), being dropped from a course may result in their falling below a full course load (defined as 20 hours per week for language training). This, in turn, can lead to termination of the student's I-20. Please contact the International Student Services Officer with questions about this policy.

ESL Certificate of Completion

Full-time students enrolled in the ESL Certificate program will receive a certificate each semester upon the successful completion of all courses with an average grade of B- or better. A grade of F in any class will not allow a student to progress or to graduate. Each certificate acknowledges completion of one semester of ESL courses at the specified level. ESL courses are neither degree-applicable nor do they count as academic credit.

Certificates of completion at the Advanced Level mean that a student has graduated from the ESL Program. Certificates of completion from the ESL program are proof of completion of English language training and may be proof of eligibility toward a degree program at various colleges and universities.

ESL Program Advancement

To advance through each level in the program:

1. Students move up one level or progress by meeting the minimum qualifying grade of a B- or higher for each ESL class during any semester.
2. Students must attain a minimum B- grade point average during any given semester to move up one ESL level (see chart below).
 - Students *who do not* meet the B- or higher grade for each of their ESL classes must repeat all ESL level classes until they attain a B- grade point average for all ESL courses.
 - Furthermore, progressing up a level is contingent on a student not receiving an F, or Failing grade, in any ESL class during the semester. A student who fails any given ESL course will not be eligible for advancement in the EAP program.
 - I. Students who receive an F in any ESL course during any given semester will repeat the same level.
3. Students can also move up one level or progress by retaking the English Placement Test (EPT) at the beginning or end of each semester if they earn a sufficient score to advance into a higher level ESL class.

ENGLISH AS A SECOND LANGUAGE COURSE DESCRIPTIONS (NON-CREDIT)

ESL 011 Introduction to Reading Comprehension

Prerequisite: None.

Fundamental vocabulary and reading skills. Students learn how to read and understand short selections and practice the sounds and spelling of English.

ESL 012 Introduction to English Writing

Prerequisite: None.

Instruction in basic written English. Students have written practice in grammar, usage, punctuation, spelling, and simple sentence structure.

ESL 013 Introduction to English Grammar

Prerequisite: None.

Fundamental rules of usage, parts of speech, basic sentence structure, questions, short answers, negations, and functions of simple verb tenses. Instruction focuses on contextualized and basic communicative exercises.

ESL 014 Introduction to Speaking and Listening

Prerequisite: None.

Basic oral and listening comprehension skills through natural communication activities and authentic English presented in themes and dialogs.

ESL 021 Beginning Reading Comprehension

Prerequisite: Completion of ESL 011 with a minimum grade of C or qualifying score on EPT.

Students develop basic reading and vocabulary skills in American English, learn how to read and understand short selections, and practice the sounds and spelling of English.

ESL 022 Beginning Composition

Prerequisite: Completion of ESL 012 with a minimum grade of C or qualifying score on EPT.

Focuses on English sentence structure and basic paragraph development.

ESL 023 Basic Grammar

Prerequisite: Completion of ESL 013 with a minimum grade of C or qualifying score on EPT.

Students acquire the form, meaning, and usage of basic structures in English—such as basic sentence patterns, questions and short answers, pluralization, pronouns, prepositions, and the forms and functions of simple and continuous verb tenses—and study the parts of speech.

ESL 024 Beginning Speaking and Listening Skills

Prerequisite: Completion of ESL 014 with a minimum grade of C or qualifying score on EPT.

Designed to build communication skills through the practice involving various speaking situations. Listening activities are thematically organized and provide practice in understanding and responding to spoken English. Students increase their conversational competence through exposure to authentic discourse and natural communication activities.

ESL 031 Intermediate Reading Comprehension

Prerequisite: Completion of ESL 021 with a minimum grade of C or qualifying score on EPT.

Introduces reading skills necessary to succeed in college classes. Focus is on high-interest reading selections with pre- and post-reading activities.

ESL 032 Intermediate Composition

Prerequisite: Completion of ESL 022 with a minimum grade of C or qualifying score on EPT.

Students begin to develop the skills necessary to cope with the writing demands of a university. Paragraph development and basic essays.

ESL 033 Intermediate Grammar

Prerequisite: Completion of ESL 023 with a minimum grade of C or qualifying score on EPT.

Contextual approach to English grammar and sentence analysis. Includes syntactic structures, verb forms and tenses, types of nouns, the use of articles and determiners, gerunds, and infinitives.

ESL 034 Intermediate Speaking and Listening Skills

Prerequisite: Completion of ESL 024 with a minimum grade of C or qualifying score on ESL

Placement Test administered through University of the West .

Class activities stimulate oral communication through high-interest listening activities, pronunciation and intonation practice, and theme-based conversation that incorporates relevant aspects of American culture and customs. Introduces basic oral presentations.

ESL 041 High-Intermediate Reading Comprehension

Prerequisite: Completion of ESL 031 with a minimum grade of C or qualifying score on EPT.

Students begin to develop the higher-level reading vocabulary and critical thinking skills necessary to become competent, independent, and actively involved readers. Course work includes critical reading exercises aimed at developing strategies that help readers approach texts independently and confidently.

ESL 042 High Intermediate Composition

Prerequisite: Completion of ESL 032 with a minimum grade of C or qualifying score on EPT.

Focuses on essay writing, both academic and creative. Emphasis is placed on editing and revision techniques for proper organization, structure and style.

ESL 043 High Intermediate Grammar

Prerequisite: Completion of ESL 033 with a minimum grade of C or qualifying score on EPT.

Course work may include the full verbal morphology, perfect tenses, modals, active and passive voice, the conditional, causative forms and various types of subordinate clauses. Grammar is presented in meaningful contexts, approached analytically and synthetically, and practiced both orally and in writing.

ESL 044 High Intermediate Speaking and Listening Skills

Prerequisite: Completion of ESL 034 with a minimum grade of C or qualifying score on EPT.

Students improve language competence and pronunciation through natural communication activities and authentic English input. Oral presentations and interview situations.

ESL 051 Advanced Reading Comprehension

Prerequisite: Completion of ESL 041 with a minimum grade of C or qualifying score on EPT.

Focuses on the academic reading skills needed to succeed in American universities using a variety of English texts, including magazine articles, short stories, and newspaper reports. Course work includes oral presentation and discussion as well as writing tasks designed as pre-and post-reading activities. Weekly paced readings help students to increase their reading speed.

ESL 052 Advanced Writing

Prerequisite: Completion of ESL 042 and ESL 043 with a minimum grade of C or qualifying score on EPT.

Focuses on preparing students for college-level writing. Writing projects focus on organization and logical development and help the student acquire more sophisticated syntactic structures and vocabulary. Students improve grammatical accuracy and develop effective editing skills.

ESL 053 Advanced Grammar

Prerequisite: Completion of ESL 043 with a minimum grade of C or qualifying score on EPT.

Further develops language skills necessary for academic reading, writing and debate. Advanced grammatical concepts of, e.g., verb tense, modality, specificity, reference, number and agreement, as well as the different types of clauses used in English. Students practice identifying, analyzing, applying and paraphrasing more sophisticated grammatical structures.

ESL 054 Advanced Speaking and Listening

Prerequisite: Completion of ESL 044 with a minimum grade of C or qualifying score on EPT.

Focuses on improving abilities in listening and speaking for academic purposes by giving advanced students the opportunity to improve their spoken English through advanced listening and speaking exercises. Emphasis is also placed on researched oral presentation, debates, and formulating critical questions and participating in classroom discussions.

ESL ELECTIVES**ESL 035 American English Pronunciation**

Prerequisite: Permission of instructor.

Sounds, stress, intonation, and rhythm. Students improve their awareness of English pronunciation and learn how to monitor themselves. Coursework includes individual assessment, interactive exercises, songs and poetry, and recording assignments.

ESL 036 American Cultural Issues

Prerequisite: None.

Involves work in all fundamental English skills, including reading, vocabulary, listening, and speaking in an interactive environment. Students engage in discussion and relate contemporary political and social topics to their own lives. In addition, classes include cultural activities, which incorporate film presentation and field trips for a better understanding of American language and culture.

ESL 037 Basic English Communication

Prerequisite: None.

A low-intermediate multi-skills course designed to improve the English language fluency across language needs, with emphasis on oral and written communication skills.

ESL 045 Conversation for English Language Learners

Prerequisite: Completion of ESL 031, 032, and 033 with a minimum average grade of B or qualifying EPT score.

Advanced oral communication skills to improve spoken fluency in academic, professional, and social settings.

ESL 047 TOEFL Preparation

Prerequisite: Completion of ESL 041, 042, and 043 with a minimum average grade of B or qualifying score on EPT.

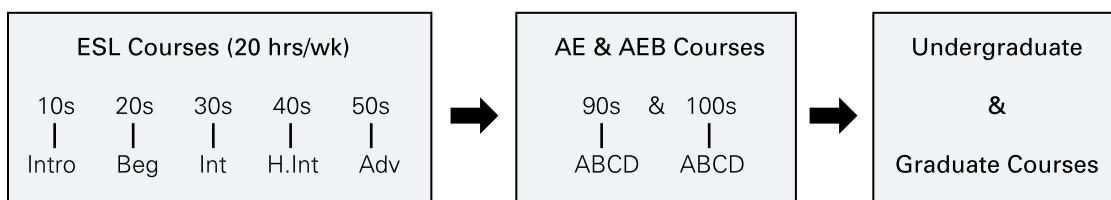
Designed to prepare students for the IBT (Internet-based TOEFL (Test of English as a Foreign Language) and for success in an academic setting. Integrated skills approach to reading, writing, speaking and listening. Academic vocabulary skills and academic culture are also included.

ACADEMIC ENGLISH & ACADEMIC ENGLISH BRIDGE PROGRAM DESCRIPTIONS

(Affiliated with the Department of English)

The Academic English (AE) & Academic English Bridge (AEB) program is designed for students who have gained a solid foundation in English but still need academic support in their transition into a university degree program. The AE & AEB courses help these students master the writing, reading and oral communication skills required for success in the college classroom. AE and AEB courses help students hone their critical and analytical thinking, and basic research skills as they become independent learners. AE and AEB courses in the 100 series and above are credit-bearing college-level classes, but applicability towards a degree is dependent on degree program requirements.

ESL/Bridge Course Sequence



Academic English & Academic English Bridge Program Placement

Students are placed into Academic English (AE) & Academic English Bridge (AEB) courses according to the chart below. Students who successfully pass ESL Advanced level courses will move on to AE courses. Students who successfully pass AE courses will move on to the AEB and/or degree program courses. Incoming students may also be placed into AE or AEB courses according to their English Placement Test (EPT) or Writing Assessment (WAT) scores. Courses are usually taken for a letter grade; auditing and pass/not pass grading allowed with Department Chair approval.

EPT Score Undergraduate 65-74 Graduate 70-74 WAT Score < 64 90 Courses ENGL 90A ENGL 90B ENGL 90C ENGL 90D	EPT Score Undergraduate 75-79 Graduate 75-84 WAT Score 65-79 100 Bridge Courses ENGL 100A ENGL 100B ENGL 100C ENGL 100D
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ACADEMIC ENGLISH & ENGLISH BRIDGE PROGRAM COURSE DESCRIPTIONS

90 ACADEMIC ENGLISH SERIES

The Academic English series is designed to support incoming university-level students or highly proficient international students as they build their core competencies. The courses focus on developing the foundational skills necessary in college-level reading, writing and speech classes, while introducing cultural conventions of American higher education. 90 level courses are not degree applicable. The minimum passing grade for all 90 series courses is B.

ENGL 90A Academic Writing, 3 units

Prerequisite: Qualifying score on UWest English Placement Test or by permission of Program Chair.

The course prepares students for college level composition writing. Focus includes developing paragraph to essay writing rhetorical skills, utilizing the writing process for developing and organizing ideas, building unified and coherent compositions, incorporating MLA citations and references.

ENGL 90B Academic Speech, 3 units

Prerequisite: Qualifying score on UWest English Placement Test or by permission of Program Chair.

This course develops a student's academic speaking skills for academic purposes. Focus includes building skills required for success in college classrooms such as public speaking, fluency, intelligibility, lecture and broadcast evaluation.

ENGL 90C Academic Grammar, 3 units

Prerequisite: Qualifying score on UWest English Placement Test or by permission of Program Chair.

This course helps students develop advanced discourse grammar skills necessary for successful college level classes. Focus is on advanced grammatical concept rules, use and meaning for academic and college writing.

ENGL 90D Academic Reading, 3 units

Prerequisite: Qualifying score on UWest English Placement Test or by permission of Program Chair.

The course prepares students for college level reading. Focus includes developing critical/analytical reading skills for college level text, building informational literacy skills for college writing, developing college level academic vocabulary.

100 ACADEMIC ENGLISH SERIES

The Academic English Bridge (AEB) series provides academic English language support for all university level students who require additional skill building in their transition to undergraduate or graduate level degree program. The courses focus on specific academic English language competencies necessary for success at the college level. 100 level courses may be applied to undergraduate elective requirements when applicable to program.

ENGL 100A College Writing, 3 units

Prerequisite: Passing grade of B or higher on ENGL 90A. Qualifying score on UWest English Placement Test or by permission of Program Chair. Minimum passing grade is B.

The focus of the course is to master essay writing for academic purposes. Skills learned in the class include utilizing the writing process to help organize, develop coherent essays. The also course includes incorporating MLA citations into essays, and utilizing advanced grammatical concepts.

ENGL 100B College Speech, 3 units

Prerequisite: Passing grade of B or higher on ENGL 90B. Qualifying score on UWest English Placement Test or by permission of Program Chair. Minimum passing grade is B.

A college-level speech course that focuses on speaking and listening requirements of the American college classroom, emphasizing public communication and presentation skills. Students improve oral communication skills in a variety of academic settings.

ENGL 100C English Skills for Business Majors, 3 units

Prerequisite: Qualifying score on UWest English Placement Test or by permission of Program Chair. Minimum passing grade is C.

The course is tailored to meet the specific language needs of students majoring in business-related fields, with emphasis upon interpersonal communication, presentation skills, and reading and writing skills specific to the American business environment.

ENGL 100D College Reading, 3 units

Prerequisite: Qualifying score on UWest English Placement Test or by permission of Program Chair. Minimum passing grade is B.

A college-level reading course primarily that prepares students for college classes. Focuses on developing critical and analytical reading skills through a variety of college-level text for information literacy, vocabulary and textual skill building purposes.

ENGL 400E Academic Skill Building for Graduate Students, 3 units

Prerequisite: Qualifying score on EPT or by permission of Program Chair. Minimum passing grade is B.

The course is specifically designed for graduate level students who require additional support while transitioning into a graduate level degree program. Introduces them to a variety of American university core skills such for college success. Focuses on graduate level reading, writing, research, literacy information and citation skills.

DEPARTMENT OF ENGLISH

Chair

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Specialization: Creative Writing.

Vanessa Karam, MA
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Specialization: Language and Linguistics

Scott Underwood, MFA
Adjunct
Specialization: Creative Writing; American and English Literature

David Vega
Adjunct
Specialization: Contemporary American Literature, Novel and Short Fiction; Creative and Professional Writing.

Introduction

The Department of English is dedicated to offering students a unique learning experience. This experience introduces the rigorous study of English, challenging students to explore the dynamic relationship among literature, language, and culture. As a part of this exploration, the Department encourages students to engage in mindful and critical reflection on a wide range of themes, concepts, and ideologies inherent to the study of English. Its focus is on cultivating student responses that demonstrate not only academic learning, but also a social awareness of cross-cultural perspectives. In this way, the program's approach to English supports the intellectual and personal development of its students. Its aim is to challenge students to engage in self-reflection via the study of English.

Philosophy & Objectives

The Bachelor of Arts in English program invites students to explore the different ways in which the field of English has been studied as well as to gain a thorough knowledge of the representative works, authors and critical theories. The degree is designed to present an integrated approach to the study of English – one that delves into the nature of language, its literary and practical forms.

BACHELOR OF ARTS IN ENGLISH

Introduction

The Department offers a Bachelor of Arts in English. This program invites students to explore the different ways in which the field of English has been studied. The degree is designed to present an integrated approach to the study of English – one that delves into the nature of language, in its literary and practical forms.

At UWest, the B. A. in English is unique in that the program offers two concentrations. The Literature concentration and Language concentration present two methodologies for understanding how the English language has been described and analyzed in the discipline of English. Both concentrations share an interest in cultivating academic inquiry and creative imagination. Courses invite students to consider different perspectives and question their assumptions in order to promote reflective engagement with the text, with their peers and faculty, and with social issues and concerns of the day. In this way, each concentration not only introduces a body of knowledge particular to each field of English, but also challenges students to apply this knowledge to ethical dilemmas in the world as represented and discussed in literature and linguistics.

The Bachelor of Arts degree in English is designed for completion in four years.

Admissions

Refer to the Admission Section for Bachelor Degrees.

Concentrations

Before specializing in the Literature or the Language concentration, students enrolled in the major need to consult with an English faculty advisor regarding the completion of core lower- and upper-division units. (See the following pages for this information.) These courses, also consisting of literature and languages classes, provide a solid foundation in the study of English and prepare students to select a degree concentration. In the final year of the program, students conclude their studies with a capstone course that examines literary imagination and cultural identity in their linguistic construction.

Literature Concentration

The Literature concentration in the English program equips students with the reading, writing, and research methods for understanding, analyzing, and evaluating literature. The concentration introduces students to a survey of significant works in English-language American literature and the growing contemporary canon of Asian-American literary works. It provides an in-depth knowledge of literary genre, figures, and movements while presenting a variety of critical reading approaches (e.g., moral/intellectual, New Critical, historical, feminist, Marxist, reader response, etc.) for exploring the different traditions, experiences, and voices that make up literature.

As an integral component of these courses, the Literature concentration also prepares students to explore the complex representations of the human experience as presented in literary texts. The concentration implements a reflective approach to critical response, pressing students to consider the moral and ethical dilemmas demonstrated in key human issues in literature: love, death, work, the nature of good and evil, images of gender and family, immigration and civil rights, and the American dream. This approach is intended to extend critical thinking skills regarding the text, its lessons on character development, and its thematic treatment of world issues.

Language Concentration

With an emphasis on the English language, the Language concentration provides students an overview of the field of linguistics. The concentration raises questions of how people use language and what they must know to do so. In this concentration, English is studied as a formal system and as a human and social phenomenon. Students become familiar with the tools and the methods of major linguistics fields and learn how they can be applied to matters of practical concern.

In accordance with the University's mission statement, the relationship between language and culture is highlighted and explored in the Language concentration. Students examine the historical, psychological, social, and political dimensions of language, language learning, and language use. Course offerings delve into the concerns and issues related to language: bilingualism, multilingualism, language varieties, language assessment, literacy, language pedagogy, second language acquisition, pragmatics, and language planning and policies. The Language concentration challenges students to reflect on the ways language is integrally tied to power, culture, and identity.

Area	Required Units
General Education	51, including 9 upper division and 6 units from the Literature Section
Core Courses	42 units total
Lower Division	6 units
Upper Division	18 units
Concentration	15 units, including concentration capstone
English Capstone	3 units
General Electives	27 units, including 18 upper division
Total	120

General Education Courses: All undergraduates must complete 51 units of general education, including 9 units at the upper-division level, as described in the General Education section of this catalogue. This requirement is an integral part of UWest's mission of producing a well-informed, balanced, versatile, intellectually capable, socially sensitive, and ethically committed person in all fields of study. English majors must complete the following courses to fulfill the Humanities General Education requirement:

Course	Prerequisites	Units
LIT 101 Introduction to American Literature	None	3
<i>Select one:</i>		
LIT 301 Advanced Composition	ENGL 101 or Instructor Consent	3
LIT 302 Creative Writing	ENGL 101 required; Also LIT 101 or ENGL 201 or Instructor Consent	3
Total		6

Lower Division Core Courses: 6 units

Students will be introduced to the foundational theories, concepts, and methods of analysis to understand the art and the use of the English language. This set of courses prepares students for the shared upper-division units in the major.

Lower Division Courses	Prerequisites	Units
ENGL 201 Introduction to Literary Studies	None	3
LANG 220 Structure of Modern English	None	3
Total		6

Upper Division Core Courses: 18 units

Students will build on the knowledge, perspectives, and skills learned in their lower-division courses to broaden their understanding of English literature and the English language. Students complete 12 units, outlined below, from a selection of courses designed to prepare students to choose their degree concentration. Students must also take at least 6 units of upper division program electives (ENGL, LIT, or LANG courses) in which they will delve further into additional literary topics, historical movements, and genre forms. These courses extend foundational knowledge in English along with other offerings in the major.

Upper Division Courses	Prerequisites	Units
Literature: take both courses		
ENGL 300A English Literature I	None	3
ENGL 300B English Literature II	None	3
Criticism: select one course		
ENGL 340 Literary Theory and Criticism	ENGL 201	3
ENGL 345 Critical Reading, Writing, and Analysis of Literary Forms	LIT 301, ENGL 201	3
Language: take the following course		
LANG 301 Introduction to Linguistics	ENGL 101 or approval	3
TOTAL		18

Concentrations: 15 units

Students will complete 15 units in the concentration of their choice, including a 3-unit capstone specific to the concentration. A minimum number of courses must be completed in the requisite categories indicated below.

Literature Concentration: In the Literature concentration students will deepen their knowledge and understanding of literary genres, figures, and movements in British and American literature. Like other courses in the program, the concentration continues to present a selection of canonical and non-canonical texts to demonstrate the diverse voices that have contributed to literature. In the Literature Capstone students will apply the knowledge they have acquired in their lower- and upper-division courses and in the Literature concentration to read, interpret, analyze, and evaluate the work of minority and immigrant authors. The course prepares students to matriculate to the comprehensive capstone for the English major.

Course	Prerequisites	Units
Literary Genre: select at least one course		
ENGL 315 Reading Poetry	None	3
ENGL 320 Reading Drama	None	3
ENGL 325 Reading Fiction	None	3
Great Works, Literary Figures and Historical Periods: select at least two courses		
ENGL 461 Romanticism: Then and Now.	ENGL 101; ENGL 201	3
ENGL 462 Darwin to Wells, Victorian Science and Literature	ENGL 101; ENGL 201	3
ENGL 470 Studies in Contemporary Literature	ENGL 101; ENGL 201	3
ENGL 475 Shakespeare: Selected Plays	ENGL 101; ENGL 201	3
ENGL 487 Orientalism, Otherness, and Postcolonial Literature	ENGL 101; ENGL 201	3
The American Experience: select at least one course		
ENGL 480 Literature of the United States I	ENGL 101; ENGL 201	3
ENGL 481 Literature of the United States II	ENGL 101; ENGL 201	3
ENGL 482 Minority Voices and Literary Diversity in American Literature	ENGL 101; ENGL 201	3
Literature Capstone: take the following course		
ENGL 490 Writing American Historical Memory and the Immigrant Experience	9 units in concentration	3
Total		15

Language Concentration: In the Language concentration students will expand their knowledge of English and the English language, examining the different aspects of theoretical and applied linguistics. The concentration introduces the theories, concepts, perspectives, and methods according to which languages have been studied and analyzed. In the Language Capstone students will apply the knowledge they have acquired in their lower- and upper-division courses and the Language concentration to examine how individuals, groups, and institutions use language.

Course	Prerequisites	Units
Theoretical Linguistics: select at least two courses		
LANG 350 Phonology	LANG 301	3
LANG 370 Semantics and Pragmatics	LANG 301; Recommended LANG 220	3
LANG 390 Morphology and Syntax	LANG 301	3
Applied Linguistics: choose at least two courses		
LANG 410 Sociolinguistics: Varieties of English	LANG 201.	3
LANG 450 History of the English Language	ENGL 201, LANG 301; Recommended LANG 220	3

TESOL 400 Foundations of Teaching English to Speakers of Other Languages	LANG 220 or approval	3
Language Capstone: take the following course		
LANG 490 Language, Power and Identity	9 units of concentration	3
Total		15

General Electives: 27 units

Students have the opportunity to select a total of 27 units in undergraduate courses from all majors, including general education, language and literature courses that have not been applied to other requirements. Students must take at least one course each from the two elective categories, A) East-West and B) Seminars.

Course	Prerequisites	Units
East-West: Select at least one course		
ENGL 336 Asian American Writers	ENGL 101; ENGL 201 or approval	3
ENGL 426 Depictions of Asia in English Literature	ENGL 101; ENGL 201 or approval	3
ENGL 427 Buddhism in American Literature	ENGL 101; ENGL 201 or approval	3
ENGL 428 Introducing the Beat Generation: Beatitudes to Buddhism	ENGL 101; ENGL 201 or approval	3
Seminars: Select at least one course from the following or another upper-division ENGL or LANG course not otherwise taken		
ENGL 342 Literary Landscape(s) of Los Angeles: Promised Land, Utopia, Apocalypse	ENGL 101; ENGL 201 or approval	3
ENGL 425 History of the English Novel	ENGL 101; ENGL 201 or approval	3
ENGL 472 Literary Non-Fiction	ENGL 101; ENGL 201 or approval	3
LANG 340 Language and Literature	ENGL 201; Recommended: LANG 301	3

Capstone: 3 units

In addition to the concentration capstone, students complete the Comprehensive Capstone for the Bachelor of Arts in English. Students will apply the foundational theories, concepts, perspectives, and methods presented in the English program to analyze and evaluate the use of language in works of literature. The course challenges students to think comprehensively on the nature of language as an expression of literary imagination and as a reflection of cultural identity.

Course	Prerequisites	Units
ENGL 495 Writing Culture: Literary Imagination and Cultural Identity	Senior standing	3

Graduation Requirements

Students must complete 120 units as designated above with a cumulative GPA of 2.0 or higher. The Residency Requirement for the Bachelor of Arts states that at least 30 units, including 18 upper division units, must be completed at UWest.

ENGLISH COURSE DESCRIPTIONS

ENGLISH COURSES

ENGL 201 Introduction to Literary Studies, 3 units

Prerequisite: None.

Introduction to literary research, and training and practice in the examination of literary texts from various theoretical and critical approaches. Coursework includes poetry, fiction, and drama and emphasizes close reading skills as students develop effective strategies for critical thinking and writing about literature.

ENGL 300A English Literature I, 3 units

Prerequisite: None.

Study of the most important works and authors in English literature before 1800, including Chaucer, Shakespeare, Marlowe, Milton, Pope, and Swift viewed in relation to the background of their time.

ENGL 300B English Literature II, 3 units

Prerequisite: None.

Study of several major writers of English literature since 1800, chosen from such writers as Wollstonecraft and Blake in the 18th century; Mary Shelley, Wordsworth, Coleridge and Keats in the Romantic Period; Emily Bronte, Dickens, Browning and Hardy in the Victorian Era.

ENGL 315 Reading Poetry, 3 units

Prerequisite: None.

Study of critical issues (metrics, diction, figurative language, symbolism, irony and ambiguity, form and structure) and aesthetic issues, including evaluative criteria, followed by close critical analysis of a selection of representative poems.

ENGL 320 Reading Drama, 3 units

Prerequisite: None.

Examination of representative plays; readings may range from Greek to modern drama. Emphasis on critical approaches to dramatic text; study of issues such as plot construction, characterization, special uses of language in drama, and methods of evaluation.

ENGL 325 Reading Fiction, 3 units**Prerequisite:** None.

Introduction to prose narrative, its techniques and forms. Analysis of short and long narratives and of critical issues such as plot, characterization, setting, narrative voice, and realistic and nonrealistic forms.

ENGL 326 Women Writers, 3 units**Prerequisite:** ENGL 201.

Examination of literature by women and their tradition in English. Survey of literary works by women writers with emphasis on roles of women, portrayal of nature and society, and evolution of forms and techniques in writing by American women.

ENGL 336 Asian American Writers, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Examines literary styles, themes, and topics of representative Asian-American authors. Discusses the interaction and mutual influence between Asian-American writers and American culture, society, and politics at large. May include drama, poetry, short stories, and the novel.

ENGL 340 Literary Theory and Criticism, 3 units**Prerequisite:** ENGL 201.

Survey of the history and development of literary criticism from Aristotle's Poetics to twentieth-century theories such as New Criticism, Structuralism, Deconstruction, Psychoanalysis, Feminism, and Post-colonialism.

ENGL 342 Literary Landscape(s) of Los Angeles: Promised Land, Utopia, Apocalypse, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Examines the diverse literary heritage of Los Angeles by considering how the city is imagined through the optics of utopia and catastrophe, with special emphasis on LA as a representative space for critiquing / confronting American's urban ecology past, present and future. Course will include fiction, creative non-fiction, drama and poetry.

ENGL 345 Critical Reading, Writing, and Analysis of Literary Forms, 3 units**Prerequisite:** LIT 301; ENGL 201.

Introduction to the theory and practice of literary analysis. Examination of the concept of literary tradition; consideration of research methods; application of critical theory to textual analysis and the writing of literary criticism.

ENGL 425 History of the English Novel, 3 units**Prerequisite:** None.

Emphasizing form, this course examines the development of the English novel from its beginnings to the present day.

ENGL 426 Depictions of Asia in English Literature, 3 units**Prerequisite:** ENGL 101; **Recommended:** ENGL 34

Examines and analyzes the various depictions of Asia and Asians in British and US literature with an emphasis on Post-colonial and Feminist criticism.

ENGL 427 Buddhism in American Literature, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Examines the rich literary response to the transmission, assimilation and indigenization of Buddhism in the United States, from its introduction in the 19th century to its post-War emergence through to the late-twentieth century by authors either Buddhist-influenced or consciously Buddhist.

ENGL 428 Introducing the Beat Generation: Beatitudes to Buddhism, 3 units**Prerequisite:** ENGL 101; ENGL 201.

An overview of the uniquely American literary and cultural movement known as the Beat Generation, introducing major figures and key texts while examining their continued literary and social significance. Primary focus will be on major voices of the movement, Allen Ginsberg, Jack Kerouac and William S. Burroughs, while exploring the role of lesser-known artists, the contributions of women writers and the influence of jazz and the visual arts. Course will additionally highlight the ways in which Buddhist thought informs the writings of the Beats.

ENGL 461 Romanticism: Then and Now, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Explores the historical and philosophical ideas that contribute to the emergence of Romanticism, its influence on the development of new literary forms and the perspectives that continue to influence a variety of popular literary genres today. Students will study the works of early Romantic writers such as Blake, Wollstonecraft, W. Wordsworth, Coleridge, and Austen, with collateral readings from such authors as Godwin, Burke, Paine, Radcliffe, Burns, Southey, D. Wordsworth, Lamb, and Scott; and a study of later Romantic writers such as Byron, Keats, Percy Shelley, and Mary Shelley.

ENGL 462 Darwin to Wells, Victorian Science and Literature, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Examines the interplay of society, literature, technology, and scientific discourse in the emerging genre of Science Fiction during the Victorian Age. Course will focus on the development the genre, its formal features and the cultural work it continue to perform. Authors considered: Darwin, Bulwer- Lytton, Shelley, Verne, Wells, Srevenson, and Doyle as well as authors and graphic novelists writing in the recent Steampunk tradition.

ENGL 470 Studies in Contemporary Literature, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Study of drama, fiction, nonfiction, prose, and poetry by selected British and American writers of the 20th and 21st centuries.

ENGL 472 Literary Non-Fiction, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Examines "The Literature of Fact" through a detailed reading and analysis of a wide variety of literary nonfiction, including autobiography and memoir, biography, journals and diaries, travel writing, humor writing, science writing, literary journalism, and personal essays. Course draws on critical theory to interrogate how authors deploy literary narrative techniques, such as internal narration, dialogue, compression of time and character, to construct "true" stories. Students will further engage what makes such texts "literary."

ENGL 475 Shakespeare: Selected Plays, 3 units**Prerequisite:** ENGL 101; ENGL 201.

A close textual study of selected comedic and tragic plays by William Shakespeare. Sheds light on the prescribed plays in reference to time period, dramatic structure and the genius of the bard himself.

ENGL 480 Literature of the United States I, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Survey of the literature of the United States from Colonial literature through 1914, including fiction, nonfiction, prose, and poetry from the Puritans through American Romanticism and the American Renaissance. This course will include writings from Irving, Cooper, Melville, Poe, Whitman, and Dickinson, to name but a few.

ENGL 481 Literature of the United States II, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Survey of the literature of the United States from 1914 to the emergence of Postmodernism, including all major literary genres. This writings of authors such as Pound, Eliot, Hughes, Frost, Cather, O'Neill, Fitzgerald, and Faulkner.

ENGL 482 Minority Voices and Literary Diversity in American Literature, 3 units**Prerequisite:** ENGL 101; ENGL 201.

Intensive study of literature which reflects diversity, especially of race, gender, sexual orientation, and culture in the United States. Study of literary texts produced by people from different ethnic backgrounds living in the U.S. and providing comparative cultural perspectives on living in a multiethnic society. Topics include labor and literature; identity, visions of 'America'; immigration, migration, and exile; autobiography and historical change. Themes are related to such persistent problems as generational differences, gender politics, and interethnic encounters.

ENGL 487 Orientalism, Otherness, and Postcolonial Literature, 3 units**Prerequisite:** ENGL 101; ENGL 201.

A study of postcolonial poetry, drama, autobiography, and fiction in English. Examines such issues as colonization and decolonization; influences of English and vernacular literatures; Orientalism; the influence of Western culture on Nonwestern societies. Selected readings in postcolonial theory will be used to explore the historical and cultural background to the literary works and to provide a framework for analysis.

ENGL 490 (LIT Capstone): Writing American Historical Memory and the Immigrant Experience, 3 units**Prerequisite:** Successful completion of a minimum of 9 units in the Literature concentration.

A comparative study of the American immigrant experience designed to integrate the knowledge of literary history, criticism, and literary forms that students have gained from other literature courses in the major. Through a multiplicity of cultural perspectives and literary narratives, this course explores American literature as a powerful venue for documenting our histories, memories, and families. This course will focus on the immigrant experience in America by addressing the issues of assimilation, exclusion, acculturation, Americanism, ethnicity, monolingualism, and multiculturalism through the close textual reading of a selection of literary forms such as autobiographies, plays, poems, short stories, novels, essays, and biographies. In reading a variety of literatures, students will be encouraged to draw upon their accrued knowledge and experience with the study of literature and its forms in order to examine and ultimately reflect on the dynamics of American society in relation to immigration and ethnicity, both old and new.

ENGL 495 Writing Culture: Literary Imagination and Cultural Identity (Comprehensive English Capstone), 3 units**Prerequisite:** Senior standing

Explores the relationship between language, literature, and culture, specifically the ways in which literature represents, expresses and defines the perception/reception of culture through its linguistic construction. Central to the course is the question: Does culture speak language or does language speak culture? In answering this question, students draw upon their background in English linguistic and literary theory as they study a variety of texts from across genres, cultures and literary history. Topics include the politics of language and the role non-standard English plays as a form of resistance, power/empowerment and an assertion of cultural identity through the use of vernacular, paralinguistic, colloquial, pidgin/hybrid, idiomatic and slang expressions that are perceived as 'culturally' specific. Examples may be drawn from the writings of Twain, Joyce, Kingston, Tan, Faulkner, Williams, and others.

LANGUAGE COURSES

LANG 220 Structure of Modern English, 3 units

Prerequisite: None.

The grammar and usage of contemporary English, with emphasis on morpho-syntactical description and analysis of Standard English.

LANG 301 Introduction to Linguistics, 3 units

Prerequisite: ENGL 101.

An introduction to linguistics, the scientific study of human language, with a focus on English. Considers languages as structured systems of form and meaning, with attention also to the biological, psychological, cultural, and social aspects of language and language use.

LANG 340 Language and Literature, 3 units

Prerequisite: ENGL 201; **Recommended:** LANG 301.

Examines the literary uses of language. Topics include poetic language and meter, poetic language and syntax, and literature and cognitive metaphor, and the representation of speech and thought through fictional narrative. Includes the relationship between syntactic patterning and the author's world-view, the social conventions surrounding literary utterances, and issues of literature and translation.

LANG 350 Phonology, 3 units

Prerequisite: LANG 301.

A study of sound patterns and word-formation rules with an emphasis on how the sound system of English is structured and how and why it differs from other languages. Course includes practice in phonological analysis, issues of pronunciation and prosody.

LANG 370 Semantics and Pragmatics, 3 units

Prerequisite: LANG 301. **Recommended:** LANG 220.

With an emphasis on English, a look at how language provides words and idioms for fundamental concepts and ideas (lexical semantics), how the parts of a sentence are integrated into the basis for understanding its meaning (compositional semantics), and the role of context in assessing meaning.

LANG 390 Morphology and Syntax, 3 units

Prerequisite: LANG 301.

Studies how words are internally structured and how word formation takes place. Looks at the phrase structure properties of English, the different properties of main and embedded clauses, and movement operations. Also includes the effects that some morphological processes have on syntax.

LANG 410 Sociolinguistics: Varieties of English, 3 units

Prerequisite: LANG 201.

With an emphasis on English in America, students examine the place of language in society and how the divisions of societies into social classes, ethnic, religious and racial groups are mirrored by linguistic differences. Includes the way language is used differently by men and women, and the interaction between language and politics.

LANG 450 History of the English Language, 3 units

Prerequisite: ENGL 201, LANG 301. **Recommended:** LANG 220.

A study of the kinds of change which languages may undergo as an aid to understanding present-day pronunciation, spelling, word formation, grammar and usage in English. Covers the nature and motivation of linguistic evolution, and the methods by which unattested early stages of known languages may be reconstructed. Guided linguistic analysis of literary examples from Old, Middle, and Modern English.

LANG 470 Multilingualism, 3 units

Prerequisite: LANG 201.

Examines questions such as how two or more languages exist in an individual mind and how bilinguals decide when to switch from one language to the other. Topics range from language contact phenomena (language change, pidgins and creoles) to issues of language politics.

LANG 490 Capstone: Language, Power and Identity, 3 units

Prerequisite: Successful completion of a minimum of 9 units within the Language concentration.

American English, its role in American history and such institutions as schools, corporations, government and the media is put into relation to the other languages of America, Native American as well as languages of immigrants and minorities. Topics may include mutual linguistic influence, social pressure and stratification, acculturation, language maintenance and language planning, and the “official language” debate.

LITERATURE COURSES

LIT 101 Introduction to American Literature, 3 units

Prerequisite: None.

An introduction to the influential writings of American Literature from 1800 to the present.

LIT 301 Advanced Composition, 3 units

Prerequisite: ENGL 101 or consent of instructor.

Intensive practice in writing expository prose with an emphasis on written response to literature. Aims to help the writer develop to a high degree, clarity of purpose, logical development of ideas, effective argument, and precision of linguistic expression.

LIT 302 Creative Writing, 3 units

Prerequisite: ENGL 101 required. Also LIT 101 or ENGL 201 or consent of instructor.

Explores the role of author and audience in the process of interactive narrative, poetry, and drama. Narrative, poetic, and dramatic issues such as, theme, character conflict, imagery, rhyme, meter, plot, and others are explored through reading, writing, and analysis of short stories, poems, and dramatic works. Students search for an interactivity that allows the artist to engage active readers while cultivating a unique voice.

TEACHING ENGLISH TO SPEAKERS OF OTHER LANGUAGES (TESOL) COURSES

TESOL 400: Foundations of Teaching English to Speakers of Other Languages, 3 units

Prerequisite: LANG 220 or consent of instructor.

Introduces students to theories of language acquisition and methodological approaches to language teaching. Students learn how to plan a lesson, design language learning activities, and assess student learning. Includes mentored practice teaching in UWest ESL Program.

DEPARTMENT OF GENERAL EDUCATION

Chair

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Introduction

To be eligible to receive the Bachelor of Arts degree, all students must complete 51 units of General Education (GE) as described in this section. The GE Program is an integral part of UWest's undergraduate programs.

Philosophy & Objectives

UWest's GE requirements coincide with similar requirements in colleges and universities in the U.S. and conform to California standards. GE course selections reflect UWest's conviction that the higher education of the whole person requires a breadth of knowledge beyond the specialized study and training covered in the majors. UWest has designed its GE Program to represent UWest's role as an intellectual meeting place between East and West in a context informed by Buddhist wisdom and values. Undergraduate students at UWest receive the opportunity to engage in a number of comparative and integrative studies of Eastern and Western philosophy, history, music, and art, and are encouraged to explore these subjects further.

The ultimate goal of UWest's GE Program is to achieve UWest's mission of producing a well-informed, balanced, versatile, intellectually capable, socially sensitive, and ethically committed person in whatever field of study. In doing so, UWest carries out its mission of educating the whole person in a context based on Buddhist wisdom and values and developing in them an appreciation of the cultures of East and West.

Program Learning Outcomes

Institutional Learning Outcomes		Area	Program Learning Outcomes
Wisdom & Skillful Means Students are thoroughly prepared for academic and professional success.		Knowledge	<p>Historical Foundations: Students can explain and evaluate the events and developments in Eastern and Western history that have shaped the modern world.</p> <p>Mathematics: Students can perform and apply the principles, operations, and strategies of arithmetics, algebra, and statistics.</p> <p>Natural Sciences: Students are able to express and apply the key teachings and principles in the biological and/or physical sciences.</p> <p>Religion and Philosophy: Students can describe and discuss questions concerning the nature, meaning, and value of human existence. They are able to assess different worldviews and moral teachings.</p> <p>Social and Behavioral Sciences: Students can express and apply key teachings and principles of human behavior and social relations.</p> <p>Humanities: Students can express an appreciation of diverse cultural, linguistic, and literary environments.</p>
		Ethics	Students are able to identify ethical issues raised in their General Education courses and explore how they relate to modern humans and the world.
	Core Competencies	Critical Thinking	<p>Critical Thinking: Students are able to evaluate new information and identify and question underlying assumptions in a broad range of General Education courses.</p> <p>Information Literacy: Students are able to determine the nature and extent of information needed, access information effectively and efficiently, evaluate information and its sources critically, and access and use information ethically and legally.</p>

	Core Competencies		Quantitative Reasoning: Students can understand, create, and apply to real-world problems and social issues sophisticated arguments supported by quantitative evidence and clearly communicate those arguments in a variety of formats using words, tables, graphs, mathematical equations, etc.
		Communication	Written Communication: Students are able to communicate information and ideas clearly and persuasively following the conventions of academic writing.
			Oral Communication: Students are able to present information and ideas clearly and persuasively following the conventions of public speaking.
Self-Awareness Students are prepared to engage in an ongoing-process of self-understanding that enables them to lead happy, purposeful lives characterized by healthy relationships to self and others.		Balance	Students are able to apply insights gained in General Education courses to explore, integrate, and balance mind, body, and spirit.
		Character	Students are able to relate General Education course content to their own self-exploration and character development.
		Relationship	Students demonstrate effective teamwork skills.
Liberation Students recognize the diversity and dignity of all human beings and understand their own role in the pursuit of social justice.		Pluralism	Students recognize the central role pluralism plays in the modern world and are able to appreciate cultures/worldviews other than their own and actively engage with them.
		Environmental Justice	Students recognize the value of the natural environment and its impact on social and economic justice.
		Liberation from Suffering	Students are able to apply General Education course content and insights to questions of social, economic, and environmental justice and find approaches to the liberation from suffering.

Interdependence Students possess a holistic understanding of global interdependence in order to cultivate compassionate thought, speech, and action in service to themselves, others, and the environment.	Service	Students recognize the importance of service-oriented approaches to people, society, and the environment, and are able to serve others.
	Culture	Students understand how a broad appreciation of human endeavors, such as art, science, and the humanities, contributes to social and personal well-being.
	Nature	Students recognize the intrinsic value of nature as a source of beauty and vitality.
	Interconnectedness	Students demonstrate compassionate sensitivity toward themselves and others.

General Education Requirements

Category	Required Units
1: Core Competencies	15
2: Historical Foundations	6
3. Mathematics and Natural Sciences	6
4. Religion and Philosophy	6
5. Social and Behavioral Sciences	6
6. Humanities	6
7. Wellness	2
8. Service Learning	1
9. Capstone in General Education	3
Total	51

Skill Building: Based upon entrance assessment results, some or all of the following skill-building courses may be required. If required, these courses must be completed before the respective Core Competency.

Courses	Prerequisites	Units
MATH 025 Pre-Algebra	MATH 101	0
ENGL 100A College Writing	ENGL 101	3
ENGL 100B College Speech	SPCH 101	3
ENGL100C English Skills for Business Majors		3

Category 1: Core Competencies: All students must complete the core competencies listed below.

Courses	Units
ENGL 101 English Composition	3
ILR 101 College Success: Research & Study Skills	3
MATH 101 Intermediate Algebra	3
PHIL 103 Introduction to Critical Thinking	3
SPCH 101 Oral Communication	3
Total	15

Category 2: Historical Foundations: Students complete one course each, 6 units total, in U.S./World History and Asian History.

Category 3: Mathematics and Natural Sciences: Students complete one course each, 6 units total, in Science and Math.

Category 4: Religion and Philosophy: Students complete one course each, 6 units total, in Religion and Philosophy (not including the Capstone course or PHIL 103).

Category 5: Social and Behavioral Sciences: Students complete two courses, 6 units total, in one (or more) of the following subjects: Anthropology, Sociology, Business,* Political Science, Psychology.

*Students majoring in Business Administration cannot apply Business courses toward the GE requirement. Thus Business Administration students must select from the other sections.

Category 6: Humanities: Students complete one course each from two of the following subjects, 6 units total: Fine Arts, Literature, or Languages.

Category 7: Wellness: Students complete two units of Wellness courses.

Category 8: Service Learning: Students complete one unit of community service.

Category 9: General Education Capstone: Students complete the 3-unit GE Capstone course: CAP 401 Religion, Science, and Society (in addition to any program or specialization capstone courses required by their major).

Course Progression for Core Competencies

All undergraduates are required to fulfill their core competencies and service learning requirements by the end of their first year of study. If skill-building coursework is required, an additional semester may be allowed for completion.

1 st Semester	9 Units
ILR 101 College Success: Research & Study Skills	3
ENGL 101 English Composition	3
MATH 101 Intermediate Algebra	3
2 nd Semester	7 Units
PHIL 103 Introduction to Critical Thinking	3
SPCH 101 Oral Communication	3
SRVLG100 Service Learning	1

Graduation Requirements

In addition to a student's program requirements, all undergraduate students are required to complete a total of 51 GE units, of which a minimum 9 units must be in upper-division courses (i.e., numbered 300 or higher). These 51 units must be taken in the nine subject categories listed above. Courses in Category 1, the Core Competencies, constitute the foundation of a university education and impart fundamental skills and knowledge. Categories 2 through 8 give students structured exposure to a wide variety of academic fields as well as experience in service learning. Category 9 is the capstone course in General Education, which integrates knowledge and skills developed in core and breadth.

BACHELOR OF ARTS IN GENERAL STUDIES

Coordinator

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Introduction

UWest offers the Bachelor of Arts degree in General Studies. This major is designed for students who are interested in obtaining a broad-based education that allows them to explore their personal interests among a variety of disciplines.

Flexibility within the program makes it attractive to students who had to interrupt their college education for various reasons (e.g. family, work, military service) and who are looking for a program that will honor previously earned college credit. Similarly, students who are making a late change in their majors may find this major advantageous. The General Studies major is also suited for those preparing for graduate studies in a field related to one of the many General Studies concentrations.

The Bachelor of Arts degree in General Studies is designed for completion in 4 years of full-time study.

Philosophy & Objectives

Please see the Philosophy & Objectives for General Education in this catalogue.

Admission Requirements

Please see the requirements for undergraduate admission in the Admissions and Enrollment section of this catalogue.

Program Learning Outcomes

Please see the Program Learning Outcomes for General Education in this catalogue.

Course Requirements

Area	Required Units
General Education	51, 9 of which must be upper-division
General Studies Electives	69, 42 of which must be upper-division
Total	120

General Education Courses: All undergraduates must complete 51 units of general education, including 9 units at the upper-division level, as described in the General Education section of this catalogue. This requirement is an integral part of UWest's mission of producing a well-informed, balanced, versatile, intellectually capable, socially sensitive, and ethically committed person in all fields of study.

General Studies Electives: Students must complete 69 units of elective course work, including at least 42 units of upper-division courses (numbered 300 or 400). Students may select undergraduate courses from all majors. Courses completed to fulfill general education requirements may not be applied to this requirement.

General Studies Concentrations: General studies majors have the option of selecting among a number of 18-unit concentrations that provide an in-depth focus to their program. Students work with their program advisor in mapping out their concentration. Courses completed to fulfill a concentration are applied to the General Studies Electives requirement. While a concentration is not required, it is an excellent opportunity for students to establish an education foundation for future career paths to graduate studies. Established concentrations include:

- Global Studies: course work in business, history, political science, religion, foreign language and culture, and related fields
- Diversity and Multiculturalism: course work in anthropology, sociology, psychology, religion, language, and related fields
- Contemplative Studies: course work in Buddhist studies, meditation, philosophy, psychology
- Liberal Arts: course work in English, history, philosophy, religion, art, music, foreign language, literature
- Psychology: course work in psychology, with possible emphasis in either Buddhist psychology or multicultural generalist counseling
- Business: there are a number of available business concentrations, including General Management, Nonprofit Organization Management, Executive Management, Human Resources Management, International Business, Accounting, Finance, Marketing, Computer Information Systems, Small Business/Entrepreneurship, and Quantitative Analysis/Analytical Methods.

Student-developed Concentrations: In addition to the concentrations above, students may choose to develop their own concentrations. Each student-developed concentration must include 18 units of courses, each of which should have relevance to the theme of the concentration. Students should seek the advice and approval of the Coordinator of the General Studies program in developing such concentrations. The purpose of these concentrations is to provide students with the opportunity to pursue, through a coherent focus, their special interests and passions. Examples of student-developed concentrations include:

- Social Justice and Human Rights
- Contemporary and Historical Relations between East and West
- Interdisciplinary Perspectives and Practices
- Ethics and Morality
- Communication and Information Systems
- Contemporary Issues
- Mind and Mindfulness
- Science and Religion
- Leadership in the 21st Century
- Learning and Knowing in a Digital Age
- Buddha and the Information Age

Graduation Requirements

Students must complete 120 units as designated above with a cumulative GPA of 2.0 or higher. UWest's Residency Requirement for the Bachelor of Arts states that at least 30 units, including 24 upper division units, must be completed at UWest.

GENERAL EDUCATION COURSE DESCRIPTIONS

SKILL BUILDING (if required)

ENGL 99A to ENGL 100E

Please see course descriptions under Academic English/Academic English Bridge Program.

MATH 025 Pre-Algebra, 0 units

Prerequisite: None. Undergraduate students are required to take this course or may test out of it by passing the UWest Math Assessment Test. Minimum passing grade is C.

Course is designed to prepare students for MATH 101. Students will perform basic arithmetic involving whole numbers, integers, fractions, decimals, and percentages. Other topics will include order of operations, algebraic reasoning, and introduction to algebraic expressions and equations.

CATEGORY 1: CORE COMPETENCIES

Teaches students to communicate information and ideas clearly, both orally and in writing; to access, examine, and evaluate information using critical thinking skills; and to perform quantitative functions. The following five courses are required.

ILR 101 College Success: Research and Study Skills, 3 units

Prerequisite: None. Minimum passing grade is C.

With a focus on developing information literacy skills, this course provides "whole person" training, tips, and tools for survival and success in college, including strategies for time management, note-taking, and goal-setting. Class projects build skills in research, test-taking, active reading, and academic writing. Students also learn how the UWest mission and values relate to their lives inside and outside the classroom.

ENGL 101 English Composition, 3 units

Prerequisite: Grade of B or better in ENGL 100A or qualifying score on the English Placement Test or Writing Assessment Test. Minimum passing grade is C.

Training in effective written composition. Assignments include expository and argumentative essays and preparation of a documented short research paper on themes that include issues of East/West cultural understanding. Instruction on conducting library research also included.

SPCH 101 Oral Communication, 3 units

Prerequisite: Grade of B or better in ENGL 100B, where appropriate.

Minimum passing grade is C.

Training in clear and effective public speaking, including impromptu and extemporaneous styles. Students learn how to prepare and deliver engaging, audience-centered presentations. Special emphasis on interpersonal communication as a building block to communicating publicly.

MATH 101 Intermediate Algebra, 3 units

Prerequisite: Grade of C or better in MATH 025 or equivalent, or qualifying score on the Math Assessment Test. Minimum passing grade is C.

Students will solve linear equations, systems of equations, and quadratic equations by factoring and the quadratic formula. Other topics will include graphing linear equations, performing basic arithmetic with polynomials and rational expressions, and factoring polynomials. Course is designed to prepare students for MATH 181 (optional).

PHIL 103 Introduction to Critical Thinking, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

An introduction to critical thinking with an emphasis on argument and evidence. Areas of instruction include the uses and abuses of language, informal fallacies, inductive and deductive modes of reasoning, and different types of inquiry.

CATEGORY 2: HISTORICAL FOUNDATIONS

Provides students with an understanding of the cultural contexts and implications of historical developments. Students must complete one course from Section A and one course from Section B.

Section A: World and U.S. History**HIST 110 World History: Origins–1500, 3 units**

Prerequisite: ENGL 101. Minimum passing grade is C.

A survey of the development of world civilization and major cultures from the Neolithic Revolution until the European conquest of the Americas. The civilizations of the Ancient, Classical, and Post-classical periods will be studied, with focus on rise of cities, organization of society, varieties of religious expression, the examination of political, social, and gender structures in relation to economic and demographic development, and interaction between civilizations and major cultures.

HIST 120 World History: 1500–Present, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

Broad thematic survey of the origin and development of the modern world, emphasizing both regional histories and global interactions. Major themes include global implications of imperialism, intellectual and cultural adjustments to modernity, total war, the birth of nations, changes in women's rights and roles, and the eclipse of world communism.

HIST 210 History of the United States: Origins–1865, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

A survey of the social, political, and cultural history of the U.S. from early human migration and the founding of the colonies to the end of the Civil War.

HIST 220 History of the United States: 1865–Present, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

A survey of the social, political, and cultural history of the U.S. from the end of the Civil War to the present.

HIST 378 Cultural and Intellectual History of Modern Europe, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

An overview of the principal themes, trends, and methodologies involved in the study of Modern European history. Acquaints students with the themes and issues dominating the field. Readings introduce both classic and current research in the field, ranging from more “traditional” topics such as the French and Russian revolutions, the industrial revolution, and World War One to very recent explorations of cultural, political, and economic history.

Section B: Asian History**HIST 250 Asian History: Earliest Times–1600, 3 units****Prerequisite:** ENGL 101. Minimum passing grade is C.

A survey of Asia from ancient times to the end of the sixteenth century. The content covers the historical developments of China, Japan, India, and West and Southeast Asia in social structures, political systems, cultural values, and religions. Similarities and differences among these civilizations are also compared and contrasted.

HIST 260 Asian History: 1600–Present, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

A survey of Asia from the beginning of the seventeenth century to the present. The impact of Western colonialism/imperialism on Asian society is also explored.

HIST 318 History of China: Republican to Present, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

A study of modern Chinese history from the overthrow of imperial rule to the present. Topics include the interactions between China and the West, democracy and modernization in China, the May Fourth Movement, the Nationalistic Revolution, the Sino-Japanese Wars, the rise of Communism, the Cultural Revolution, and reform since the 1980s.

HIST 418 Asian Contribution to Science and Medicine, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

A survey of the Asian contribution to science and medicine, with special reference to developments in the Indian subcontinent and China in the fields of Mathematics, Astronomy, Medicine, Chemistry, and Metallurgy.

CATEGORY 3: MATHEMATICS AND NATURAL SCIENCES

Teaches mathematics and natural sciences for daily living and an enhanced understanding of the natural world and what it means for human existence. Students must complete one course from Section A and one course from Section B.

Section A: Mathematics

MATH 181 College Algebra, 3 units

Prerequisite: MATH 101 or qualifying score on the Math Assessment Test. Minimum passing grade is C.

Students will solve and graph polynomials, rational and transcendental functions, and conic sections, along with exponential and logarithmic equations. Other topics will include introduction to solving linear equations using determinates, function theory and notation, sequences, and the Binomial Theorem.

MATH 205 Descriptive and Inferential Statistics, 3 units

Prerequisite: MATH 101. Minimum passing grade is C.

Introductory course designed for students majoring in business, social sciences, and behavioral sciences. Provides overview of descriptive and inferential statistics. Students learn to read, interpret, and present data in a scientific way. This course covers frequency distributions and various statistical graphs, along with measures of central tendency such as mean and median, measures of variability such as range and standard deviation, as well as correlation coefficients and linear regression. Study of inferential statistics includes probability, sampling techniques, confidence intervals, and hypothesis tests.

Section B: Natural Sciences

BIO 100 Introduction to Biology, 4 units

Prerequisite: None. Minimum passing grade is C.

Principles of biology stressing the relationship of all organisms. Topics include cells, reproduction, genetics, embryology, botany, animal behavior, metabolism, evolution, and human psychology. Includes 15 hours of lab.

LSC 100 Introductory Life Science, 3 units

Prerequisite: None. Minimum passing grade is C.

Principles of biology, focusing on the human body-mind system, especially optimizing health and happiness. Topics include evolution, human digestion, reproduction, nervous/sensory, excretory, circulation, mind/body interaction, etc., plus the scientific method and experimental research. Includes lab exercises and scientific research.

PSC 100 Introduction to the Physical Sciences, 3 units

Prerequisite: None. Minimum passing grade is C.

A study of the earth and physical sciences, including physics, chemistry, earth sciences, and space sciences. The course provides a basic introduction to concepts, techniques, and technology used in the study of humanity's physical environment.

CATEGORY 4: RELIGION AND PHILOSOPHY

Looks at how humans have expressed their ideas of self and meaning and discusses them, where appropriate, from a Buddhist perspective. Students must complete one course from Section A and one course from Section B.

Section A: Religion

REL 201 Religions of the East, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

A survey of the major religious traditions of India, China, and Japan, including major developments of the great traditions of these cultures.

REL 202 Religions of the West, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

Basic themes of the Western religious traditions, including Judaism, Christianity, Islam, Bahai, Zoroastrianism, the mystery religions, and the religions of ancient Egypt, Mesopotamia, and Greece.

REL 300 Dimensions of Religion, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

An introduction to the dimensions and functions of religion with an emphasis on religious beliefs, experience, institutions, language, and rituals.

REL 301 Fundamentals of Buddhism, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

An overview of the Buddhist religious traditions (Theravada, Mahayana, and Vajrayana), the principal teachings, the position of the Buddha in the traditions, and the communities comprised by the traditions. Buddhist art and literature, devotion, meditation, ethics, and the Sangha will also be discussed.

Section B: Philosophy

PHIL 110 Introduction to Western Philosophy: Pre-Socratics–Present, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

An introduction to a variety of major philosophical figures, including the Ancient Greeks (Socrates, Plato, Aristotle), Medieval Christians (Augustine and Thomas Aquinas), and Modern thinkers (Hobbes, Spinoza, Kant, Hegel, Kierkegaard).

PHIL 120 Introduction to Eastern Philosophy: India, China, and Japan, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

A survey of some of the major philosophical systems in India (Vedanta, Samkhya-Yoga, Early Buddhism and Madhyamika), China (Confucius, Mencius, Lao Zi, and Neo-Confucianism) and Japan (Saicho, Kukai, Honen, and Dogen).

PHIL 200 Philosophy as a Guide to Living, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

An introduction to the philosophic tradition as a way of living. The course will draw from both the East and West in an effort to reveal that both traditions place a premium on the ways in which ideas shape particular ways of life.

PHIL 310 Early Western Philosophy, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

A study of the origins of Western thought in the writings of the Pre-Socratics, Socrates, Plato, Aristotle, Stoicism, Epicureanism, Epictetus, Plotinus, and Marcus Aurelius. Their influence on medieval Christian thinking is also explored.

PHIL 320 Early Chinese Philosophy, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

Studies the teachings of tradition-defining thinkers in ancient China, including Confucius, Mencius, Lao Zi, Zhuang Zi, Mo Zi, Han Feizi, and the Book of Changes. Course also covers Neo-Confucianism, Neo-Daoism, Chinese Buddhism, and the Confucian synthesizer Zhu Xi.

Category 5: Social and Behavioral Sciences

Teaches the interrelationships, the organization, and the determinants of human behavior. Students must complete two courses selected from two different sections.

NOTE: Business majors cannot apply economics courses to fulfill this General Education requirement as these courses are required in the major. Psychology majors must select PSYCH100 as one of the two courses required in this category; PSYCH210, PSYCH 220, and PSYCH 330 are required under the Psychology program so may not be applied to fulfill this requirement.

5.1 Anthropology

ANTHR 101 Anthropology, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

An introduction to historical, physical, cultural, psychological, and archeological aspects of human development. Scientific perspectives and methodology are used to introduce humanity as a natural phenomenon, the result of past and present evolutionary forces.

ANTHR 301 Special Topics in Anthropology: Ethnicity and National Identity, 3 units

Prerequisite: ENGL 101; also ANTHR 101 or SOC 100. Minimum passing grade is C.

A cross-cultural study of ethnicity and nationalism. It examines the concepts of social identity and considers how gender, language, religion, and national identity interact. It also explores the historical and societal macro process for the development of ethnic identities.

5.2 Psychology

PSYCH 100 Introduction to Western Psychology, 3 units

Prerequisite: None. Minimum passing grade is C.

A survey of the broad field of Western Psychology that takes students on a journey of the various concepts used to understand individual thought and behavior over the lifespan. Topics include biological, cognitive, social, developmental, and personality influences on behavior. Also offers a basic introduction to research methodology for the social sciences as well as a basic introduction to abnormal psychology and the DSM. Course introduces and explores prominent clinical and counseling theories and interventions. The impact of culture and the ways in which Eastern thought has influenced Western perspectives are also explored.

PSYCH 210 Eastern and Western Perspectives on Cognitive Psychology, 3 units

Prerequisite: PSYCH 100. Minimum passing grade is C.

An introduction to Buddhist and Western concepts and theories of perception, understanding, imagination, thinking, reasoning, and other cognitive functions, with comparisons and contrasts between the two systems.

PSYCH 220 Eastern and Western Perspectives of Affective Psychology, 3 units

Prerequisite: PSYCH 100. Minimum passing grade is C.

Studies in ancient and modern Eastern and Western views of the degree and extent to which emotions play in motivation, attitudes, personality, and other psychological aspects of human behavior.

PSYCH 330 Developmental Psychology, 3 units

Prerequisite: PSYCH 100. Minimum passing grade is C.

An introduction to the psychological development of the person from the prenatal period through subsequent life stages until death according to Western and Eastern philosophies. Both cognitive and affective aspects of development will be explored.

5.3 Sociology

SOC 100 Introduction to Sociology, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

A study of the social influences on human behavior focusing on a cross-cultural examination of social patterns and processes, structure and function, conflict and change in society, and multicultural interaction.

5.4 Business

BUS 201 Principles of Microeconomics, 3 units

Prerequisite: None. Minimum passing grade is C.

Principles of individual consumer and producer decision-making in various market structures; the price system; market performance; and government policy.

BUS 202 Principles of Macroeconomics, 3 units

Prerequisite: None. Minimum passing grade is C.

Principles of macroeconomic analysis and policy; unemployment and inflation; financial institutions; international trade; economic growth; and comparative economic systems.

5.5 Political Science

POL 101 Political Science, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

An introduction to political thought from Plato and Confucius to the modern period.

POL 301 US Government, 3 units

Prerequisite: ENGL 101. Minimum passing grade is C.

An introduction to the United States' federal, state, and local political systems, and the political philosophies on which they are founded. Course focuses on how the political system works on various levels and enables students to understand the theories and motives underlying political participation.

Category 6: Humanities

Looks at how humans have expressed their cultural and social identity through language and the arts, i.e., painting, sculpture, architecture, literature, drama, and music. Students must complete two courses, selected from two different Sections.

Section A: Fine Arts

MUS 101 History of Rock and Roll, 3 units

Prerequisite: None. Minimum passing grade is C.

Traces the progression of rock and soul music between the 1960s and the 1990s. Students will be able to identify the songs, genre, and musical characteristics associated with the most influential popular musicians during select periods. Course also addresses the sociopolitical climate in which the music was made.

ART 101 Art Appreciation, 3 units**Prerequisite:** None. Minimum passing grade is C.

Overview of Western art history from the 19th century Romantics through the 20th century Modernists.

ART 201 Art Appreciation Museum Tour, 3 units**Prerequisite:** ART 101. Minimum passing grade is C.

Course focuses on artists and/or art movements (e.g. Renaissance, Impressionism, Cubism).

Includes on-location museum tours where students will examine the actual works by the artists under discussion.

ART 311 Art as Activism, 3 units**Prerequisite:** None. Minimum passing grade is C.

A survey of sociopolitical movements and the art that is inspired and embraced by them. Murals, music, posters, film, and performance will be examined as tools used by resistance movements to change the world.

FILM 101 Film Appreciation, 3 units**Prerequisite:** None. Minimum passing grade is C.

A survey of film focusing on formal aspects such as costume, performance, visual design, editing, sound, genre, and the production process. Key films and directors and their place in the culture and evolution of the art of motion pictures are discussed.

FILM 301T Focused Studies in Film History, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

Focuses on an aspect of film history and aesthetics (e.g. the Western, Comedy Internationale, Science Fiction, Animation). Topic announced each semester. This course may be repeated for additional credit.

Section B: Languages**CHN 101 Beginning Mandarin I, 4 units****Prerequisite:** None. Minimum passing grade is C.

An introduction to the fundamentals of Mandarin Chinese including its sound system, writing system, basic vocabulary, and basic sentence structure, with an emphasis on the four basic language skills: listening, speaking, reading, and writing. This course will introduce basic terminology and social contexts that may be useful for students in the fields of Religious Studies, Psychology, and Business, among others.

CHN 102 Beginning Mandarin II, 4 units**Prerequisite:** CHN 101. Minimum passing grade is C.

A continuation of Beginning Mandarin Chinese I. A strengthening of the communication skills of listening, speaking, reading, and writing, and a review of the basic sound features. Commonly used characters, vocabulary, and sentence patterns are introduced and expanded. This course will introduce basic terminology and social contexts that may be useful for students in the fields of Religious Studies, Psychology, and Business, among others.

CHN 301 Intermediate Mandarin, 3 units**Prerequisite:** CHN 102. Minimum passing grade is C.

Building on the skills learned from CHN 102, this course further develops intermediate-level skills of communication in Chinese: speaking, listening, reading and writing. It also introduces various aspects of Chinese everyday life, society, culture and tradition. This course will help students in the fields of Religious Studies, Psychology, and Business to further their professional development related to China and Chinese society.

JPN 101 Beginning Japanese I, 4 units**Prerequisite:** None. Minimum passing grade is C.

Introduction to the basics of Japanese including pronunciation, grammar, and basic reading and writing of Hiragana and Katakana with an emphasis on speaking and listening to standard conversational Japanese.

JPN 102 Beginning Japanese II, 4 units**Prerequisite:** JPN 101. Minimum passing grade is C.

This continuation of Beginning Japanese I develops an intermediate level of conversational Japanese, grammar, reading, and writing, including the reading and writing of approximately 90 Kanji characters.

JPN 301 Intermediate Japanese I, 3 units**Prerequisite:** JPN 102. Minimum passing grade is C.

Building on the skills of JPN 102, this course further develops intermediate-level skills of communication in Japanese: speaking, listening, reading, and writing. It also introduces various aspects of Japanese life, culture, and tradition.

JPN 302 Intermediate Japanese II, 3 units**Prerequisite:** JPN 301. Minimum passing grade is C.

This continuation of JPN 301 develops a more advanced level of communication in Japanese, including use of honorifics, reading, and writing longer sentences in Japanese. It further develops the understanding of Japanese culture and society.

Section C: Literature**LIT 101 Introduction to American Literature, 3 units****Prerequisite:** ENGL 101. Minimum passing grade is C.

An introduction to the influential writings of American literature from 1800 to the present.

LIT 102 Introduction to Asian Literature, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

An introduction to influential Asian writings in English translation.

LIT 301 Advanced Composition, 3 units**Prerequisite:** ENGL 101. Minimum passing grade is C.

Intensive practice in writing expository prose with an emphasis on written response to literature. The aim is to help the writer develop, to a high degree, clarity of purpose, logical development of ideas, effective argument, and precision of linguistic expression.

LIT 302 Creative Writing, 3 units

Prerequisite: ENGL 101; also LIT 101 or ENGL 201. Minimum passing grade is C.

Explores the role of author and audience in the process of interactive narrative, poetry, and drama. Narrative, poetic, and dramatic issues such as theme, character conflict, imagery, rhyme, meter, and plot are explored through reading, writing, and analysis of short stories, poems, and dramatic works. Students search for an interactivity that allows the artist to engage active readers while cultivating a unique voice.

Category 7: Wellness

Teaches and practices skills conducive to integrating and balancing mind, body, and spirit. Students must complete two courses.

WELL 100 Yoga for Body and Mind, 1 unit

Prerequisite: None. Pass/Not Pass only.

A basic Hatha Yoga course that includes pranayama (breathing techniques) combined with asanas (physical postures), meditation, and relaxation. Appropriate for all levels, emphasizing proper alignment, modifications, and restorative elements, leaving the mind and body renewed, restored, and revived.

WELL 105 Kung Fu for Body and Mind, 1 unit

Prerequisite: None. Pass/Not Pass only.

Covers basic self-defense situations, stressing both physical and mental aspects of the art. Includes history and philosophy of kung fu.

WELL 110 Tai Chi for Body and Mind, 1 unit

Prerequisite: None. Pass/Not Pass only.

Practice this "internal martial art" to improve cardiovascular endurance, tone and strengthen muscles, increase balance and flexibility, and relieve stress through meditative practice.

Category 8: Service Learning

Service Learning reflects the mission and values of UWest by embracing the education of the whole person through a commitment to serve with compassion, work for justice, and prepare ethical, moral and dedicated leaders.

SRVLG 100 Service Learning, 1 unit

Prerequisite: None. Pass/Not Pass only.

Students engage in supervised service learning experiences in the local community. Course examines social justice issues such as violence against women, hunger, homelessness, and environmental justice. Learning is both theoretical and experiential.

Category 9: Capstone Course in General Education

To ensure that our students have met the goals of University of the West's General Education Program, the program concludes with one capstone course (3 units). The capstone course provides an experience in comparative study at the 400 level, where the skills and knowledge developed in core and breadth are integrated. This allows the student to apply knowledge acquired in individual areas to an interdisciplinary field of study. The following course must be taken after the completion of a minimum of 33 units in General Education.

CAP 401 Religion, Science and Society, 3 units

Prerequisite: Completion of at least 33 units in General Education. Minimum passing grade is C.

This course is designed to integrate the knowledge students have gained from other General Education courses. The close interaction between religion, science, and society is examined in detail, with particular reference to how they influence one another. In particular, the course explores such topics as religion and social conflict, science and cultural change, gender and religion, and the science vs. religion debate.

DEPARTMENT OF PSYCHOLOGY

Chair

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Terry Wells, MFT

Introduction

Psychology is the study of individual human cognition and behavior across the lifespan. The Psychology Program at UWest emphasizes the dimensions of multicultural and cross cultural influence. Furthermore, course offerings in Psychology at the UWest include introductory and advanced instruction in both Western and Eastern systems of psychological theory and practice.

Philosophy and Objectives

The psychology program at UWest is designed to promote innovative critical thinkers prepared to meet the needs of a dynamic and complex global community. This is achieved in part by the culturally diverse faculty and staff's commitment to cultivate an appreciation of cultural differences.

And lastly, consistent with the mission of UWest, the Department aims not only to cultivate an exceptional level of knowledge and skills to students, but also aspire to educate the whole person by nurturing social responsibility and integrity in all future endeavors.

BACHELOR OF ARTS IN PSYCHOLOGY

Introduction

The learning outcomes for the BA Psychology degree are informed by the American Psychological Association's 10 Optimal Guidelines for the Undergraduate Psychology Major as well as the Institutional Learning Outcomes of UWest. These outcomes reflect the knowledge and skills undergraduates are expected to acquire during their studies at University of the West as a psychology major.

Admission Requirements

Please see the information on undergraduate admissions for detailed admission information.

Program Learning Outcomes

Institutional Learning Outcomes	Area	Program Learning Outcomes
Wisdom & Skillful Means Students are thoroughly prepared for academic and professional success.	Knowledge	Students will be able to summarize the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
		Students will be able to describe how psychology utilizes the scientific method, research design, and data analysis.
		Students will demonstrate information competency (i.e. they can explain how technology is used in the field of psychology).
		Students will be able to express realistic ideas on how to implement their psychological knowledge, skills and occupational pursuits in a variety of settings.
	Praxis	Students will be able to apply psychological principles to personal, social and organization issues.
	Ethics	Students will be able to weigh evidence, tolerate ambiguity, act ethically, and reflect the values that are the underpinning of the discipline of psychology.
	Critical Thinking	Students will be able to use critical and creative thinking, skeptical inquiry and, when possible, the scientific method to discern, evaluate and criticize specific issues in psychology.
	Communication	Students will be able to clearly articulate their study of psychology in speech and writing.

Self-Awareness Students are prepared to engage in an ongoing-process of self-understanding that enables them to lead happy, purposeful lives characterized by healthy relationships to self and others.	Character	Students will be able to relate their training in psychology to their own self-exploration and character development.
	Expression	Students will be able to use their knowledge of psychology to explore and express ideas about themselves.
	Relationship	Students will demonstrate effective teamwork skills.
Liberation Students recognize the diversity and dignity of all human beings and understand their own role in the pursuit of social justice.	Pluralism	Students will be able to recognize, understand and respect sociocultural and international diversity, especially in regard to its impact on psychology.
	Liberation from Suffering	Students will be able to relate issues in psychology to social, economic and environmental issues.
	Service	Students will recognize their ability to increase wellness and reduce suffering of self and others through service-oriented activities.
Interdependence Students possess a holistic understanding of global interdependence in order to cultivate compassionate thought, speech, and action in service to themselves, others, and the environment.	Culture	Students will demonstrate an understanding and respect for diverse contributions (e.g. Eastern) to Western Psychology theory, research, and practice.
	Interconnectedness	Students will demonstrate compassionate sensitivity, toward themselves and others.

Course Requirements

Area	Required Units
General Education	51
General Electives	27
Core Courses:	42
Lower Division	6
Upper Division	18
Psychology Core Electives	15
Capstone for Psychology	3
Total	120

General Education Courses: All undergraduates must complete 51 units of general education, including 9 units at the upper-division level, as described in the General Education section of this catalogue. This requirement is an integral part of UWest's mission of producing a well-informed, balanced, versatile, intellectually capable, socially sensitive, and ethically committed person in all fields of study.

Psychology majors must select PSYCH 100: Introduction to Western Psychology under the GE Category 5: Social and Behavioral Sciences requirement.

General Electives: Students have the opportunity to select 27 units of undergraduate courses from all majors, including general education or psychology courses that have not been applied to other requirements.

Lower Division Core Courses: All students must complete the 6 units of lower division courses below.

Courses	Prerequisites	Units
PSYCH 210 Eastern and Western Perspectives on Cognitive Psychology	None	3
PSYCH 220 Eastern and Western Perspectives on Affective Psychology	None	3

Upper Division Core Courses: All students must complete the 18 units of upper division core courses below.

Courses	Prerequisites	Units
PSYCH 300 Research Design and Data Analysis in Psychology	none	3
PSYCH 310 Physiological Psychology	none	3
PSYCH 320 Psychology of Learning	none	3
PSYCH 330 Developmental Psychology	none	3
PSYCH 340 Psychology of Personality	none	3
PSYCH 350 Social Psychology	none	3

Upper Division Core Electives: Students select at least 2 courses (minimum 6 units) from each elective area below for a total of 15 units.

Area 1 Courses	Prerequisites	Units
PSYCH 404 Introduction to Child and Adolescent Theory and Intervention	None	3
PSYCH 410 Introduction to Western Psychotherapy	None	3
PSYCH 415 Psychological Disorders	None	3
PSYCH 418 Psychological Tests and Measurements	PSCYH 101, PSYCH 300	3
PSYCH 420 Cross Cultural Psychology	None	3
PSYCH 425 Psychology and Education	None	3
PSYCH 430 Industrial and Organizational Psychology	None	3
Area2 Courses	Prerequisites	Units
PSYCH 440 Psychology of Religion	none	3
PSYCH 450 Buddhist Psychology	none	3
PSYCH 455 Buddhist and Scientific Approaches to the Mind	none	3
PSYCH 465 Buddhist Practices and Mental Health	none	3
PSYCH 470 Integrative Psychology of Living and Dying	none	3

Capstone: The psychology degree culminates in the 3-unit capstone course PSYCH 495 Eastern and Western Perspectives on Contemporary Issues.

Sample Course Progression

1st Year

Fall	15 Units	Spring	15 Units
GE Course	3	GE Course	3
GE Course	3	GE Course	3
GE Course	3	GE Course	3
GE Course	3	PSYCH 210	3
PSYCH 100	3	PSYCH 220	3

2nd Year

Fall	15 Units	Spring	15 Units
GE Course	3	GE Course	3
GE Course	3	GE Course	3
GE Course	3	GE Course	3
GE Course	3	GE Course	3
PSYCH 100	3	PSYCH 310	3

3rd Year

Fall	15 Units	Spring	15 Units
GE Course	3	General Elective	3
General Elective	3	General Elective	3
PSYCH 320	3	PSYCH 340	3
PSYCH 330	3	PSYCH 350	3
PSYCH Elective	3	PSYCH Elective	3

4th Year

Fall	15 Units	Spring	15 Units
General Elective	3	General Elective	3
General Elective	3	CAP 401	3
General Elective	3	PSYCH 340	3
PSYCH Elective	3	PSYCH Elective	3
PSYCH Elective	3	PSYCH 495	3

Graduation Requirements

Students must complete 120 units as designated above with a cumulative GPA of 2.0 or higher.

UWest's Residency Requirement for the Bachelor of Arts states that at least 30 units, including 24 upper division units, must be completed at UWest.

MASTER OF ARTS IN PSYCHOLOGY**Introduction**

Students interested in pursuing a Multicultural Counseling degree at UWest have two options to consider: the 60-unit master's degree or the 42-unit master's degree. Both the 60-unit and 42-unit degree programs allow students to specialize in one of two concentrations: Multicultural Generalist or Buddhist Psychology.

The Multicultural Generalist concentration is unique to UWest. In such a globally connected world, it has become imperative to train psychology professionals who are proficient in working with a wide variety of cultural identities. For this reason, the UWest Master of Arts in Psychology focuses on exploring both the Western and Eastern contributions to psychology.

The one-of-a-kind Buddhist Psychology concentration holds the same multicultural emphasis as the Multicultural Generalist track, but with the addition of Buddhist perspectives. Buddhist concepts and practices have been successfully used in Western counseling settings, and many are central to current best practices in psychotherapy. For example, the concept of mindfulness and meditation has been empirically supported and widely integrated into contemporary Western psychology practices. Students following this track will gain additional expertise in these areas.

The 60-unit Master of Arts in Psychology prepares students for careers in a wide variety of applied counseling and consultation settings and is specifically designed to meet the pre-requirements for the Marriage and Family Therapy (MFT) license. This program is based on regulations provided by the California Board of Behavioral Sciences and on guidelines suggested by the American Association for Marriage and Family Therapy and the California Association of Marriage and Family Therapists.

Coursework is designed to prepare the student for the California MFT license examinations. More information about the MFT license can be found at <http://www.bbs.ca.gov>.

The 42-unit Master of Arts in Psychology is appropriate for individuals wanting to pursue a graduate degree in mental health but who have a baccalaureate degree in an unrelated field, those who earned a baccalaureate many years ago, those already working in the human services field who desire additional training, and for international students desiring an introduction to mental health care.

PLEASE NOTE: The 42-unit Master of Arts in Psychology does not meet the requirements to sit for a license in Marriage and Family Therapy (MFT) or Licensed Professional Clinical Counselor (LPCC) in any state. In accordance with California State regulations, students who complete and receive the 42-unit master's degree cannot, post-graduation, transfer or apply those credits toward the completion of an MFT license program.

Admissions Requirements

- Please see the Admissions section for information on graduate admissions and the application process.
- Please note that the 60 unit MA program may require an in-person interview for admission consideration.

MARRIAGE AND FAMILY THERAPY COUNSELING – 60 Unit Program

Program Learning Outcomes

Institutional Learning Outcomes	Area	Program Learning Outcomes
Wisdom & Skillful Means Students are thoroughly prepared for academic and professional success.	Knowledge	Students will be able to demonstrate the knowledge needed to synthesize various psychotherapeutic approaches.
		Students will be able to describe and explain the ethics and laws pertaining to mental health services for MFTS.
		Students will be able list and discuss the various psychotherapeutic theoretical approaches and corresponding diagnostic and intervention techniques.
	Praxis	Students will be able to conduct thorough intake interviews (including suicide assessments), summarize the themes of the interview, and identify goals and potential treatment plans for therapy.
		Students will be able to demonstrate competency in the assessment, detection, and intervention for spousal abuse as well as for abuse reporting (for child, elder, dep. adult).
	Ethics	Students will be able to effectively apply the field (MFT) ethics, and California State and U.S. Federal laws to case vignettes and in vivo counseling sessions.

	Critical Thinking	Students will be able to use critical and creative thinking, skeptical inquiry and, when possible, the scientific method to discern, evaluate and criticize specific issues in psychology.
	Communication	Students will be able to clearly articulate their study of psychology in speech.
		Students will be able to clearly articulate their study of psychology in writing.
Self-Awareness Students are prepared to engage in an ongoing-process of self-understanding that enables them to lead happy, purposeful lives characterized by healthy relationships to self and others.	Character	Students will be able to be fully present, mindfully aware of the moment, during client sessions.
	Expression	Students will be able to express an increased level of self-awareness as it applies to their role as therapists, which includes an understanding and ability to articulate their own cultural values and biases.
	Relationship	Students will demonstrate case conceptualizations which reflect a refined understanding of the impact of their own cultural identities and related values have on the therapeutic process (specifically the therapeutic alliance/relationship)
Liberation Students recognize the diversity and dignity of all human beings and understand their own role in the pursuit of social justice.	Pluralism	Students will develop cultural responsiveness in terms of intake, diagnosis, treatment planning, and intervention selection.
	Liberation from Suffering	Students will be able to discuss the various types of privilege and oppression that often arise for select cultural identities (i.e. select racial and ethnic groups, socioeconomic status, gender, sexual orientation, age, physical and mental ability).
Interdependence Students possess a holistic understanding of global interdependence in order to cultivate compassionate thought, speech, and action in service to themselves, others, and the environment.	Service	Students will recognize their ability to increase wellness and reduce suffering of self and others through service-oriented activities.
	Culture	Students will demonstrate an appreciation for diverse cultures as it applies to the therapeutic process and outcome, and be able to identify potential limitations in main stream, Western psychological practices.

	Interconnected- ness	Students will demonstrate an awareness of the impact their thought, speech, and behavior have on others – specifically the impact it may have on their clients.
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Course Requirements

Area	Required Units
Introduction Course	3
Foundation Courses	18
Core Courses	18
Advanced Level Courses	3
Fieldwork Courses	6
Concentration Courses	12
Total	60

Introduction Courses: All students must complete the 3-unit introduction course below.

Courses	Prerequisites	Units
PSYCH 502 Professional Seminar in Multicultural/Buddhist Marriage Family Therapy	Graduate Status	3

Foundation Courses: All students must complete 18 units of foundation courses below.

Courses	Prerequisites	Units
PSYCH 501 Experimental Design and Statistical Analysis	Graduate Status	3
PSYCH 530 Psychopathology: Assessment and Diagnosis in Counseling	Graduate Status	3
PSYCH 531 Theories and Techniques of Counseling and Psychotherapy I	Graduate Status	3
PSYCH 532 Legal and Ethical Issues in Counseling and Psychotherapy	Graduate Status	3
PSYCH 533 Seminar: Counseling of Multicultural Groups	Graduate Status	3
PSYCH 536 Marriage/Couples and Family Counseling I	Graduate Status	3

Core Courses: All students must complete 18 units of core courses below.

Courses	Prerequisites	Units
PSYCH 538 Psychological Testing	Graduate Status	3
PSYCH 540 Adult Development and Aging	Graduate Status	3
PSYCH 545 Psychopharmacology	Graduate Status	3
PSYCH 550 Psychopathology II	PSYCH 530	3
PSYCH 551 Theories and Techniques of Counseling and Psychotherapy II	PSYCH 531	3
PSYCH 556 Marriage/Couples and Family Counseling II	PSYCH 536	3

Advanced Courses: All students must complete one course (3 units) from the list of advanced courses below.

Courses	Prerequisites	Units
PSYCH 600 Advanced Counseling and Group Process and Skills	18 units	3
PSYCH 602 Advanced Couples Counseling	18 units	3
PSYCH 604 Advanced Child and Adolescent Theory and Intervention	18 units	3
PSYCH 605 Advanced Family Therapy	18 units	3
PSYCH 607 Advanced Seminar in Culture and Psychotherapy	18 units	3

Internship/Clinical Education: Students are required to gain 6 units of fieldwork (practicum) at an approved practicum site. Students must have completed 18 units of coursework and receive permission from the chair before taking practicum. PSYCH 700 and PSYCH 710 are required and are to be taken consecutively. All fieldwork/practicum placements must be approved by the department chair or training director. All training sites must have a written contract with UWest indicating their commitment to abide by the supervisory conditions required for the pre-MFT licensure requirements, as guided by California's Board of Behavioral Sciences (BBS).

Courses	Prerequisites	Units
PSYCH 700 Practicum in Buddhist/Multicultural Counseling Psychology	18 units and permission	3
PSYCH 710 Adv. Practicum in Buddhist/Multicultural Counseling Psychology	18 units and permission	3

Buddhist Psychology Concentration: Select 4 courses (12 units) from the following list.

Courses	Prerequisites	Units
REL 505 Women in Buddhism	Graduate Status	3
REL 530 Topics in Buddhist Studies: Buddhist Meditation	Graduate Status	3
REL 560 Religion and the Meaning of Existence	Graduate Status	3
PSYCH 614 Religion and Psychology Seminar	Graduate Status	3
PSYCH 617 The Application of Mindfulness in Western Psychotherapy	Graduate Status	3
REL 625 Cultural and Social Aspects of Buddhism	Graduate Status	3

Multicultural Generalist Concentration: Students not pursuing the Buddhist Psychology concentration select four elective courses (12 units) with the assistance of their advisor. With permission, students may select electives from the MA Religious Studies and/or MDiv Buddhist Chaplaincy programs.

Courses	Prerequisites	Units
PSYCH 504 Introduction to Child and Adolescent Theory and Intervention	Graduate Status	3
PSYCH 504L Introduction to Child Adolescent Theory and Intervention, Lab	Concurrent enrollment in PSYCH 504	3
PSYCH 529 Drug and Alcohol Theory and Intervention	Graduate Status	3
PSYCH 537 Motivational Interviewing	Graduate Status	3

Multicultural Generalist Electives: Students not pursuing the Buddhist Psychology Concentration are required to take 12 units of electives (four courses). Electives are selected with the assistance of the student's advisor. With permission, students may select electives in other, related, graduate programs at UWest (i.e. Religious Studies, Buddhist Chaplaincy).

Comprehensive Exam/Thesis: All students are required to pass a comprehensive exam in their final semester. Upon recommendation of the Department Chair, students who would like to pursue a PhD upon completion of their MA may be permitted to complete a thesis rather than the comprehensive exam.

Courses	Prerequisites	Units
PSYCH 699B Comprehensive Exam	Completion of all coursework	0
PSYCH 699A Thesis	Completion of all coursework	1-6

Sample Course Progression

1st Year

Fall	12 Units	Spring	12 Units
PSYCH 501	3	PSYCH 530	3
PSYCH 502	3	PSYCH 532	3
PSYCH 531	3	PSYCH 520 or 545	3
PSYCH 533	3	Elective	3

2nd Year

Fall	12 Units	Spring	12 Units
PSYCH 538	3	PSYCH 520 or 545	3
PSYCH 551	3	PSYCH 550	3
Elective	3	PSYCH 556	3
Practicum, Fieldwork, or Elective	3	Practicum, Fieldwork, or Elective	3

3rd Year

Fall	9 Units	Spring	9 Units
PSYCH 600/602/605/ or 607	3	PSYCH 710 (Adv. Practicum)	3
PSYCH 700 (Practicum)	3	Elective	3
Elective	3	Comprehensive Exam	0

Graduation Requirements (Marriage and Family Therapy 60-unit program)

Students must complete 60 units as designated above with a cumulative GPA of 3.0 or higher and pass a comprehensive exam. No more than 6 units may be fulfilled through the transfer of credit from another institution.

MULTICULTURAL COUNSELING - 42 Unit Program**Program Learning Outcomes**

Institutional Learning Outcomes	Area	Program Learning Outcomes
Wisdom & Skillful Means Students are thoroughly prepared for academic and professional success.	Knowledge	Students will be able to demonstrate the knowledge needed to synthesize various counseling approaches .
		Students will be able to describe and explain the ethics and laws pertaining to mental health services.
		Students will be able list and discuss the various counseling theoretical approaches and corresponding diagnostic and intervention techniques.
	Praxis	Students will be able to conduct thorough intake interviews (including suicide assessments), summarize the themes of the interview, and identify goals and potential treatment plans for counseling.
		Students will be able to demonstrate competency in the assessment, detection, and intervention for spousal abuse as well as for abuse reporting (for child, elder, dep. adult).
	Ethics	Students will be able to effectively apply the field (counseling) ethics, and California State and U.S. Federal laws to case vignettes and in vivo counseling sessions.

	Critical Thinking	Students will be able to use critical and creative thinking, skeptical inquiry and, when possible, the scientific method to discern, evaluate and criticize specific issues in psychology.
	Communication	Students will be able to clearly articulate their study of psychology in speech.
		Students will be able to clearly articulate their study of psychology in writing.
Self-Awareness Students are prepared to engage in an ongoing-process of self-understanding that enables them to lead happy, purposeful lives characterized by healthy relationships to self and others.	Character	Students will be able to be fully present, mindfully aware of the moment, during client sessions.
	Expression	Students will be able to express an increased level of self-awareness as it applies to their role as counselors, which includes an understanding and ability to articulate their own cultural values and biases.
	Relationship	Students will demonstrate case conceptualizations which reflect a refined understanding of the impact of their own cultural identities and related values have on the counseling process (specifically the counseling alliance/relationship)
Liberation Students recognize the diversity and dignity of all human beings and understand their own role in the pursuit of social justice.	Pluralism	Students will develop cultural responsiveness in terms of intake, diagnosis, treatment planning, and intervention selection.
	Liberation from Suffering	Students will develop cultural responsiveness in terms of intake, diagnosis, treatment planning, and intervention selection.
Interdependence Students possess a holistic understanding of global interdependence in order to cultivate compassionate thought, speech, and action in service to themselves, others, and the environment.	Service	Students will recognize their ability to increase wellness and reduce suffering of self and others through service-oriented activities.
	Culture	Students will demonstrate an appreciation for diverse cultures as it applies to the counseling process and outcome, and be able to identify potential limitations in main stream, Western Psychological Practices.

	Interconnected- ness	Students will demonstrate an awareness of the impact their thought, speech, and behavior have on others – specifically the impact it may have on their clients.
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Course Requirements

Area	Required Units
Foundation Courses	15
Core Courses	12
Adv. Level Courses	3
Concentration Courses	12
Comprehensive Exam / Thesis	(1 to 6)*
Total	42

**The thesis option is reserved for those students who would like to pursue a PhD upon completion of their MA. With Department Chair permission, a thesis may be completed instead of the comprehensive exam.*

Foundation Courses: All students must complete 15 units of foundation courses below.

Courses	Prerequisites	Units
PSYCH 501 Experimental Design and Statistical Analysis	Graduate Status	3
PSYCH 530 Psychopathology: Assessment and Diagnosis in Counseling	Graduate Status	3
PSYCH 531 Theories and Techniques of Counseling and Psychotherapy I	Graduate Status	3
PSYCH 532 Legal and Ethical Issues in Counseling and Psychotherapy	Graduate Status	3
PSYCH 533 Seminar: Counseling of Multicultural Groups	Graduate Status	3

Core Courses: All students must complete the 12 units of core courses below.

Courses	Prerequisites	Units
PSYCH 536 Marriage/Couples and Family Counseling I	Graduate Status	3
PSYCH 538 Psychological Testing	Graduate Status	3
PSYCH 540 Adult Development and Aging	Graduate Status	3
PSYCH 545 Psychopharmacology	Graduate Status	3

Advanced Courses: All students must complete one course (3 units) from the below list of advanced courses.

Courses	Prerequisites	Units
PSYCH 600 Advanced Counseling and Group Process and Skills	Graduate Status	3
PSYCH 602 Advanced Couples Counseling	Graduate Status	3
PSYCH 605 Advanced Family Therapy	Graduate Status	3
PSYCH 607 Advanced Seminar in Culture and Psychotherapy	Graduate Status	3

Multicultural Generalist Electives: Students pursuing the Multicultural Generalist concentration must complete four courses (12 units). Students may also choose from Buddhist Psychology concentration selections. With permission, students make select electives in other, related, graduate programs at University of the West (i.e. Religious Studies, Chaplaincy).

Courses	Prerequisites	Units
PSYCH 504 Introduction to Child and Adolescent Theory and Intervention	Graduate Status	3
PSYCH 504L Introduction to Child Adolescent Theory and Intervention, Lab	Concurrent enrollment in PSYCH 504	3
PSYCH 529 Drug and Alcohol Theory and Intervention (3)	Graduate Status	3
PSYCH 537 Motivational Interviewing (3)	Graduate Status	3

Buddhist Psychology Electives: Students following the Buddhist Psychology concentration should select four courses (12 units) from the following.

Courses	Prerequisites	Units
REL 406 Buddhist Contemplative Studies and Science	Graduate Status	3
PSYCH 465 Buddhist Practices and Mental Health	Graduate Status	3
REL 505 Women in Buddhism	Graduate Status	3
REL 530 Topics in Buddhist Studies: Buddhist Meditation	Graduate Status	3
REL 560 Religion and the Meaning of Existence	Graduate Status	3
PSYCH 614 Religion and Psychology Seminar	Graduate Status	3
PSYCH 617 The Application of Mindfulness in Western Psychotherapy	Graduate Status	3
REL 625 Cultural and Social Aspects of Buddhism	Graduate Status	3
REL 642 Buddhist Psychology	Graduate Status	3

Comprehensive Exam/Thesis: All students are required to pass a comprehensive exam in their final semester. Upon recommendation of the Department Chair, students who would like to pursue a PhD upon completion of their MA may be permitted to complete a thesis rather than the comprehensive exam.

Courses	Prerequisites	Units
PSYCH 699B Comprehensive Exam	Completion of all coursework	0
PSYCH 699A Thesis	Completion of all coursework	1-6

Sample Course Progression

1st Year

Fall	9 Units	Spring	12 Units
PSYCH 501	3	PSYCH 530	3
PSYCH 531	3	PSYCH 520 or 545	3
PSYCH 533	3	PSYCH 532	3
		Elective	3

2nd Year

Fall	12 Units	Spring	9 Units
PSYCH 538	3	PSYCH 520 or 545	3
PSYCH 536	3	PSYCH 536	3
Elective	3	PSYCH 600/602/605/ or 607	3
Elective	3	Comprehensive Exam	0

Graduation Requirements (Multicultural Counseling - 42 Unit Program)

Students must complete 42 units as designated above with a cumulative GPA of 3.0 or higher and pass a comprehensive exam. No more than 6 units may be fulfilled through the transfer of credit from another institution.

PSYCHOLOGY COURSE DESCRIPTIONS

PSYCH 100 Introduction to Western Psychology, 3 units

Prerequisite: None.

This introductory course surveys the broad field of Western Psychology by introducing theories and concepts to understand individual thought and behavior over the lifespan. Topics include bio-logical, cognitive, social, and developmental influences on behavior. Research methods for the social sciences and abnormal psychology are also introduced. Lastly, the impact of culture and the influence of Eastern thought on West-ern perspectives are explored.

PSYCH 210 Eastern and Western Perspectives on Cognitive Psychology, 3 units

Prerequisite: None.

This course introduces Buddhist and Western concepts and theories of perception, understanding, imagination, thinking, reasoning, and other cognitive functions, with comparisons and contrasts between the two systems. Students are provided with opportunities for self-exploration, particularly through these lenses.

PSYCH 220 Eastern and Western Perspectives on Affective Psychology, 3 units**Prerequisite: None.**

This course explores how emotions influence motivation, attitudes, personality, and other related psychological constructs. Special attention is paid to comparing and contrasting Eastern and Western views of emotion (i.e. distinct affective preferences). Students are provided opportunities for self-reflection and observation surrounding such topics as equanimity vs. emotion (dys)regulation, self-control vs. interpersonal neurobiology, how culture shapes affect expression, and the ways in which understanding diverse views of affect increases cross-cultural compassion, sympathy, and celebration.

PSYCH 300 Research Design and Data Analysis in Psychology, 3 units**Prerequisite: None.**

Psychology is informed by psychological research. This course introduces how to formulate psychological research questions, how research studies are created through quasi-experimental and experimental (quantitative and qualitative) designs, various ways in which research data is analyzed, and the implications of data interpretation. The course will examine these areas through the key lenses of ethics and culture.

PSYCH 310 Physiological Psychology, 3 units**Prerequisite: None.**

This course focuses on the biological basis of individual thought and behavior. Brain structure, hormones, biochemical, and genetic factors are explored. Special attention is paid to behavioral health interventions and the mind-body connection.

PSYCH 320 Psychology of Learning, 3 units**Prerequisite: None.**

This course introduces the ways in which learning affects behavior. Additionally, it covers the history of behaviorism and the principles and applications of behavior modification, including the contributions of Pavlov, Watson, Skinner, and Bandura. Ethical issues and cultural implications are discussed.

PSYCH 330 Developmental Psychology, 3 units**Prerequisite: None.**

This course provides an examination of human development across the lifespan. Major theories of human development, including those from physical, cognitive, psychological, and social perspectives will be studied and are covered from a multicultural perspective. Special attention is paid to issues related to aging and long-term care.

PSYCH 340 Psychology of Personality, 3 units**Prerequisite: None.**

Prominent and influential views of personality development are covered in this course. Examples include behavioral and learning perspectives, biological views, cognitive theory, humanistic theories, and trait approaches. Lastly, cultural implications, such as cultural sensitivity, application of personality theory to diverse populations, and multicultural and cross-cultural limitations of select theories will be addressed throughout.

PSYCH 350 Social Psychology, 3 units**Prerequisite: None.**

Society is the mirror in which we see ourselves. This course explores society's impact on individual thoughts, beliefs, values, and behaviors. Historical and influential theories and related research investigations will be introduced and discussed. Furthermore, the influence of culture and current socio-political norms will be investigated.

PSYCH 360 Fieldwork, 1-4 units**Prerequisite:** Approval of advisor/department chair.

This course requires a field placement, and is for students who wish to gain hands-on and/or specialized training in mental health service delivery. The student must demonstrate how the placement/project is related to their studies in psychology and their related professional career goals. Special permission from the department chair is required to enroll in this course.

PSYCH 404 Introduction to Child and Adolescent Theory and Intervention, 3 units**Prerequisite:** None.

This course surveys contemporary, multicultural, and contextual approaches to child/adolescent counseling theory and intervention. Students will gain hands on experience through role play in art and play therapy techniques. Special attention is given to mindfulness based approaches. Laws and ethical considerations in the treatment of children, including informed consent and mandated reporting, will be covered. Special attention is paid to cultural considerations, including but not limited to, access to care, socioeconomic status, and level of acculturation.

PSYCH 410 Introduction to Western Psychotherapy, 3 units**Prerequisite:** None.

Various historical, contemporary, and empirically supported approaches to psychotherapy are explored in this course. Benefits and limitations of each are discussed. Cross-cultural implications, including problems with treatment generalizability, as well as problems with justice and care access for select multicultural groups are also covered.

PSYCH 415 Psychological Disorders, 3 units**Prerequisite:** None.

This course will explore the historical views and current perspectives of abnormal behavior, including categorical versus dimensional perspectives. Major diagnostic categories and criteria, individual and social factors of maladaptive behavior, and types of therapy are reviewed. Additionally, various methods of clinical assessment and research strategies are covered. Special attention is paid to the impact of culture on abnormality.

PSYCH 418 Psychological Tests and Measurements, 3 units**Prerequisite:** PSYCH 100 and PSYCH 300.

Various psychological assessment procedures will be covered in this course, including structured and unstructured interviews, self-report inventories, objective personality tests, ability and preference tests, individual intelligence (IQ) tests, and projective tests. Test administration ethics and the importance of psychometrics, such as validity and reliability, will be covered. Cultural limitations of each will be discussed throughout.

PSYCH 420 Cross-Cultural Psychology, 3 units**Prerequisite:** None.

In this course the dynamic influence of cultural group identity is explored. Students taking this course will gain an increase in their awareness of their own complex and dynamic cultural identities. Values, beliefs, and differential cultural expectations will be covered. Furthermore, various multicultural and cross-cultural psychological theories and influential research investigations will be discussed.

PSYCH 425 Psychology and Education, 3 units**Prerequisites:** None.

Educational applications of principles of cognitive development, learning, perception, memory, and language development are covered in this course. This includes general instructional issues, multicultural perspectives, gifted and talented children, early childhood education, education of traditionally underrepresented groups and special needs populations.

PSYCH 430 Industrial-Organizational Psychology, 3 units**Prerequisites:** None.

This course offers a study of practices of modern organizational and personnel psychology. Topics include selection, placement, training, motivation, job analysis, evaluation, human factors, counseling in the workplace, multicultural concerns, and the processes involved in developing and maintaining organizations.

PSYCH 440 Psychology of Religion, 3 units**Prerequisites:** None.

This course explores cross-cultural spiritual and religious experience through the framework of psychological methods, concepts, and theories. It offers a study of the integration of spirituality and psychology as seen in counseling practice. Topics include psychosocial development, death, conversion, mysticism, morality, guilt, mental health, well-being, coping, and counseling strategies.

PSYCH 450 Buddhist Psychology, 3 units**Prerequisites:** None.

This course examines Buddhist views of mental functions, motivation, emotion, personality, human development, social ethics and psychotherapy according to Buddhist concepts and beliefs. Moreover, it includes comparison to corresponding and contrasting Western views.

PSYCH 455 Buddhist and Scientific Approaches to Mind, 3 units**Prerequisite:** None.

This course offers an exploration of Buddhist teachings regarding the mind and their comparisons with neuroscientific findings about the brain.

PSYCH 465 Buddhist Practices and Mental Health, 3 units**Prerequisite:** None.

This course covers the ways in which Buddhist Wisdom is being integrated into Western Mental Health Care. Historical and contemporary theory, research, and practice will be reviewed.

PSYCH 470 Integrative Psychology of Living and Dying, 3 units**Prerequisite:** None.

An exploration of issues related to psychological and spiritual thoughts of life and death, mechanisms for coping with dying and loss, and cultural differences in encounters with death. These issues are discussed from both Western and Buddhist psychological perspectives. The ultimate goal is for students to improve their quality of life and their connection to others through an understanding of death.

PSYCH 495 Eastern and Western Perspectives on Contemporary Issues in Psychology and Counseling, 3 units**Prerequisite:** Permission from advisor needed

This course serves as a psychology capstone course. Contemporary issues from the perspectives of both Eastern and Western psychological views are explored. Special focus is placed on applications of counseling and psychotherapy techniques promoted by the two traditions.

PSYCH 500 Graduate Research and Writing Practicum, 3 units, non-degree applicable**Prerequisite:** Graduate status or permission of department chair.

This course offers student the opportunity to learn basic writing and research skills required for successful graduate work. This includes APA format style, searching for relevant literature, thesis structure, citation of sources, and use of references.

PSYCH 501 Experimental Design and Statistical Analysis, 3 units**Prerequisite:** Graduate status.

Psychology is informed by psychological research. This course will cover the ways in which sound psychological research questions are determined. It will also review advanced quasi-experimental and experimental design methods (quantitative and qualitative) utilized to execute a research study. It also covers various ways in which research data is analyzed, and discusses the implications of data interpretation. Ethics and culture are highlighted.

PSYCH 502 Professional Seminar in Multicultural/Buddhist Marriage Family Therapy, 3 units**Prerequisite:** Graduate Status

This course offers an introduction into University of the West's Masters Program in Marriage Family Therapy. It focuses upon values exploration and acculturation/orientation to the school and professional identity. Core learning areas include: acculturation to graduate studies; enculturation and implicit values; recovery-oriented practice; and orientation to eastern Buddhist wisdom in the context of western Marriage Family Therapy.

PSYCH 504 Introduction to Child and Adolescent Theory and Intervention, 3 units**Prerequisite:** Graduate Status

This course surveys contemporary, multicultural, and contextual approaches to child/adolescent counseling theory and intervention. Students will gain hands on experience through role play in art and play therapy techniques. Special attention is given to mindfulness based approaches. Laws and ethical considerations in the treatment of children, including informed consent and mandated reporting, will be covered. Special attention is paid to cultural considerations, including but not limited to, access to care, socioeconomic status, and level of acculturation.

PSYCH 504L Introduction to Child and Adolescent Theory and Intervention Lab, 3 units**Prerequisite:** Concurrent enrollment in PSYCH 504

This course requires hands on experience practicing supportive play therapy with child/adolescent volunteer pseudo clients. Students are required to video/audio tape their pseudo therapy session. Sessions are reviewed and critiqued by the class and instructor. Laws and ethical considerations in the treatment of children, including informed consent and mandated reporting, will be covered. Special attention is paid to cultural considerations.

PSYCH 529 Drug and Alcohol Theory and Intervention, 3 units**Prerequisite:** Graduate status.

This course covers the theories, etiology, assessment, diagnosis, and treatment of alcohol and drug related disorders from the resiliency, recovery, and medical models. This course also addresses the impact of SES, ethnicity, other environmental factors and contemporary controversies on the development and treatment of addictive disorders.

PSYCH 530 Psychopathology and Counseling I, 3 units**Prerequisite: Graduate status.**

This course reviews the current taxonomy of Western psychopathology including, but not limited to, clinical disorders, personality disorders, select medical, psychosocial and environmental problems, and trauma, across the lifespan. Etiologies, prevalence, symptoms, and treatments are introduced and discussed for each. Sexual identity, sexual dysfunction, and gender identity disorders are given special attention. Human sexual anatomy and response, sex roles, sexual orientation, female and male sexual dysfunction and contemporary clinical treatment methods for sexual problems are studied in this class. Additionally, there is consistent focus on students' own beliefs, attitudes and feelings, and on examination of sexual morals, ethical issues, and sociocultural perspectives. Lastly, this course examines conditions in self and society associated with the use and abuse of addictive substances, particularly alcohol and drugs, and explores a variety of treatment models. Further topics include medical aspects, evaluation, theories of etiology, legal issues, prevention, and follow-up for the abuser and family. Opportunities to interact with various consumers and families of consumers of mental health services will be provided.

PSYCH 531 Theories and Techniques of Counseling and Psychotherapy I, 3 units**Prerequisite: Graduate status.**

This course provides students with knowledge and experiences in counseling and helping skills with an emphasis on traditional counseling and psychotherapy theory and skills including individual (adult, child, and adolescent) and group process therapy skills. This course presents theoretical and empirically supported approaches to intervention strategies for dealing with psychological, emotional, relationship, and adjustment problems in individuals, couples and groups. Cultural sensitivity and limitations of traditional therapy approaches for diverse populations are also included, with a focus upon recovery-oriented practice.

PSYCH 532 Legal and Ethical Issues in Counseling and Psychotherapy, 3 units**Prerequisite: Graduate status.**

This course exposes the student to the relevant ethical codes, practice standards, legal issues, and expectations of professional conduct. Ethical decision-making skills will be honed using case studies and vignettes. Professional and public responsibility and the meaning of the professional counseling relationship will be discussed. Furthermore, this course explores the fundamentals of child advocacy and of social policies affecting children. Scholarly studies will be examined on a broad range of social issues related to the healthy development and education of. Topics may include ethnic violence, drugs, poverty, the juvenile justice system, health and mental health care, and child abuse. California laws and ethics related to domestic violence are also a focus of this course, including dynamics of spousal, child and elder abuse, family issues and multigenerational patterns. The course will also address professional writing, including documentation of services, progress notes, and the need for treatment plans.

PSYCH 533 Seminar: Counseling of Multicultural Groups, 3 units**Prerequisite: Graduate status.**

This course fosters an understanding of the human experience through the values and beliefs of various multicultural and cross-cultural identities. Students are introduced to psychological issues concerning human systems, self and group identity, conflict, consciousness, development, gender, cultural values, spirituality, race/ethnicity, individualism-collectivism, evolution, implicit bias, poverty, social stress, oppression, stigma, and their impact on counseling process and outcome. These and other key constructs such as acculturation and racial/ethnic identity development will be used to better work with California's diverse populations. Lastly, students will gain awareness and understanding of self and others' cultural perspectives.

PSYCH 536 Marriage/Couples and Family Counseling I, 3 units**Prerequisite:** Graduate status.

This family systems course is a survey of contemporary, multicultural, and contextual analyses of the major models of couples and family therapy, the integration of various approaches in relationship therapy, and the pro-cess and outcome research that document the state of MFT effectiveness with couples and families. Key touchstones include sexuality and sexual identities, ethics and reporting/safety issues, and domestic violence, all through the lens of culture.

PSYCH 537 Motivational Interviewing, 3 units**Prerequisite:** Graduate status

This course offers a fundamental understanding of Motivational Interviewing (MI). Students will be introduced to the principles of MI and the research supporting MI as an evidence-based treatment. Students will be offered practice exercises to try out this approach –including asking open-ended questions, affirming client strengths, and sharing effective summaries. Students will learn how to provide information and guidance in an MI-consistent manner as they elicit and reinforce the client’s movement toward change.

PSYCH 538 Psychological Testing, 3 units**Prerequisite:** Graduate status.

This course includes discussion of topics such as clinical interviewing, evidence-based diagnostic assessment, and behavioral assessment. Various psychological assessment procedures will be covered, including structured and unstructured interviews, self report inventories, objective personality tests, ability and preference tests, individual intelligence (IQ) tests, and projective tests. Test administration ethics and the importance of psychometrics, such as validity and reliability, will be covered. Cultural limitations and ethical concerns of each will be discussed throughout.

PSYCH 540 Adult Development and Aging, 3 units**Prerequisite:** Graduate status.

This course provides an in-depth exploration of the developmental processes related to aging from a bio-psychosocial perspective. Students will explore age-change theories and human adaptations in terms of mental health, personality stability, sensory aging related to cognitive processes, learning, and social cognition. The course includes discussions of the unique ethical concerns and psychological needs of an aging population including implicit ageism, relationship issues, aging and diversity, death and bereavement, spirituality, occupational patterns, retirement, and leisure. Research-based best practices and ethics of working with diverse older adults are emphasized throughout.

PSYCH 545 Psychopharmacology, 3 units**Prerequisite:** Graduate status.

This course provides an orientation to understanding current drug therapies for psychological problems. Topics include medications in general use, criteria for referring patients for psychopharmacological evaluation, cultural and interpersonal issues, and how and when medications can contribute to effective treatment. Frequently voiced philosophical, ethical, and legal concerns regarding biological factors and drug treatment are discussed, along with the risks and benefits of drug therapies. Cultural and ethical concerns are emphasized throughout.

PSYCH 550 Psychopathology and Counseling II, 3 units**Prerequisites: PSYCH 530**

This course serves as a follow-up course to PSYCH 530. It is designed to expand students' knowledge and experiences in the current taxonomy of Western psychopathology including, but not limited to, clinical disorders, personality disorders, select medical, psychosocial and environmental problems, and trauma, across the lifespan. Etiologies, prevalence, symptoms, and treatments are introduced and discussed for each. Sexual identity, sexual dysfunction, and gender identity disorders are given special attention. Human sexual anatomy and response, sex roles, sexual orientation, female and male sexual dysfunction and contemporary clinical treatment methods for sexual problems are studied in this class. Additionally, there is consistent focus on students' own beliefs, attitudes and feelings, and on examination of sexual morals, ethical issues, and sociocultural perspectives. Lastly, this course examines conditions in self and society associated with the use and abuse of addictive substances, particularly alcohol and drugs, and explores a variety of treatment models. Further topics include medical aspects, evaluation, theories of etiology, legal issues, prevention, and follow-up for the abuser and family. Opportunities to interact with various consumers and families of consumers of mental health services will be provided.

PSYCH 551 Theories and Techniques of Counseling and Psychotherapy II, 3 units**Prerequisite: PSYCH 531.**

This course serves as a follow-up course to PSYCH 531. It is designed to expand students' knowledge and experiences in counseling and helping skills with an emphasis on traditional counseling and psychotherapy theory and skills including individual (adult, child, and adolescent) and group process therapy skills. This course presents theoretical and empirically supported approaches to intervention strategies for dealing with psychological, emotional, relationship, and adjustment problems in individuals, couples and groups. Cultural sensitivity and limitations of traditional therapy approaches for diverse populations are also included, with a focus upon recovery-oriented practice.

PSYCH 556 Marriage/Couples and Family Counseling II, 3 units**Prerequisite: PSYCH 536.**

This course is a continuation of PSYCH 536 and expands students' systemic understandings of the major models of couples and family therapy, the integration of various approaches in relationship therapy, and the process and outcome research that document the state of MFT effectiveness with couples and families. Key touchstones include sexuality and sexual identities, ethics and reporting/safety issues, and domestic violence, all through the lens of culture.

PSYCH 560 Fieldwork, 1-4 units**Prerequisite: Approval of advisor/department chair.**

This course requires hands on experience in a field placement. It is for those students who wish to augment their graduate studies with specialized training and/or experience outside the University in their own field of study. The field experience must have significant bearing on the professional goals of the student and must be in addition to the student's regular commitment.

PSYCH 600 Advanced Group Process and Skills, 3 units**Prerequisite: At least 18 units of graduate coursework must be completed**

This course provides graduate students with a broad understanding of group development, dynamics, and counseling theories. Group leadership styles are discussed in addition to basic and advanced group counseling methods and skills. Several different approaches to conducting group counseling are reviewed. Cultural/ethical issues and limitations are also discussed.

PSYCH 602 Advanced Couples Counseling, 3 units**Prerequisite:** At least 18 units of graduate coursework must be completed

This course offers an in-depth look at the current modalities of couples counseling including process and outcome effectiveness studies, as well as advanced assessment and intervention techniques. Cultural and ethical issues will also be discussed throughout.

PSYCH 604 Advanced Child and Adolescent Interventions in Therapy, 3 units**Prerequisite:** Psychology 531

This course offers an in-depth look at the various theories, assessment, and intervention techniques specific to child and adolescent populations, including play therapy. Culture and legal/ethical issues will also be discussed.

PSYCH 605 Advanced Family Therapy, 3 units**Prerequisite:** At least 18 units of graduate coursework must be completed

This course provides students with an advanced look at the history and current status of family therapy including family multi-systemic therapy, functional family therapy and/or other evidence-based practices. Much attention will be paid to cultural implications and multigenerational family patterns.

PSYCH 607 Advanced Seminar in Culture and Psychotherapy, 3 units**Prerequisite:** At least 18 units of graduate coursework must be completed

This course focuses on expanding students' understanding of the human experience through a deep awareness of their own and others cultural identities and related values and beliefs and its impact on therapy process and outcome. Coursework is designed to provide an advanced investigation into psychological issues concerning human systems, self and group identity, conflict, consciousness, development, gender, cultural values, spirituality, race/ethnicity, individualism-collectivism, and evolution.

PSYCH 614 Religion and Psychology Seminar, 3 units

This course is a study of spiritual and religious experience utilizing psychological methods and theories, including a study of the integration of spirituality and psychology as seen in counseling practice. Topics include psychosocial development, death, conversion, mysticism, morality, guilt, mental health, wellness, coping, and counseling strategies.

PSYCH 617 Application of Mindfulness in Western Therapy, 3 units**Prerequisite:** Graduate status.

This course provides a comprehensive introduction to the concept of mindfulness and its influence on Western Psychotherapeutic research and practice. It furthermore, reviews the historical and contemporary literature on the efficacy and effectiveness of mindful-based therapeutic approaches on the process and outcome of treatment. Cultural issues and limitations are also discussed.

PSYCH 650 Directed Research, 3 units**Prerequisite:** PSYCH 501 and permission from instructor

This course involves hands on experience with the research process; from investigating research questions, writing literature reviews, designing studies and analyzing results, as well as interpreting results and discussing the related implications.

PSYCH 699a Thesis, 1-6 units**Prerequisite:** PSYCH 501, PSYCH 650 and permission from instructor

This course requires hands on research experience where the student serves as the principle investigator. As principle investigator, the student is responsible for identifying an appropriate research question, drafting the literature review, designing and analyzing results, as well as interpreting results and the related implications.

PSYCH 699b Comprehensive Exam, 0 units**Prerequisite:** Permission of Department Chair and Advisor. Student must be in their final semester.**PSYCH 700 Practicum in Buddhist/Multicultural Counseling Psychology, 3 units****Prerequisite:** PSYCH 501, 531, 532, and completion of 20 hours of graduate level coursework.

The practicum training program provides students hands on clinical experience, with a focus on multi-cultural psychotherapy theory and related interventions. During the course of the semester, practicum students will be expected to develop their skills on both a personal and professional level through individual supervision, discussing clinical cases and professional issues in the training seminar, working with clients individually and in groups, and connecting clients to the community. Emphasis will be placed upon providing Marriage Family Therapy to low-income, highly impacted, urban individuals and families. Permission is required and arrangements must be made to obtain an approved practicum placement within the community. PSYCH700 and 710 should be taken in consecutive semesters. P/NP

PSYCH 710 Advanced Practicum in Buddhist/Multicultural Counseling Psychology, 3 units**Prerequisite:** PSYCH 501, 531, 532, and completion of 20 hours of graduate level coursework.

The advanced practicum training program provides students hands on clinical experience, with a focus on multi-cultural psychotherapy theory and related interventions. During the course of the semester, practicum students will be expected to develop their skills on both a personal and professional level through individual supervision, discussing clinical cases and professional issues in the training seminar, working with clients individually and in groups, and connecting clients to the community. Emphasis will be placed upon providing Marriage Family Therapy to low-income, highly impacted, urban individuals and families. Permission is required and arrangements must be made to obtain an approved practicum placement within the community. PSYCH 700 and 710 should be taken in consecutive semesters. P/NP

PSYCH 715 Continuous Enrollment Research, 1 unit

Course required for graduate-level students who no longer need courses, but must remain in continuous enrollment each semester until completion of exam, thesis, etc. Course does not count toward minimum requirements for graduation. P/NP

DEPARTMENT OF RELIGIOUS STUDIES

Chair

Jane Naomi Iwamura, PhD

Professor of Religious Studies

Research interests: Buddhism in the U.S., Asian American religions, religion and popular culture, religion and visual culture, and race and religion

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Assistant Chair

Miroj Shakya, PhD

Assistant Professor of Religious Studies and Digital Sanskrit Buddhist Canon Project Coordinator

Research interests: Indian religions, Indian Buddhism, Newar Buddhism, Sanskrit Buddhist texts, and Pali and Sanskrit languages

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Faculty

Joshua Capitanio, PhD

Associate Professor of Religious Studies

Research interests: esoteric Buddhism, Daoist ritual, Buddho-Daoist interaction, and ritual studies

William Chu, PhD

Associate Professor of Religious Studies

Research interests: early Buddhist meditation, Agamas/Nikayas studies, Chinese Buddhism in the late Imperial, Republican, and contemporary periods, and Indian Buddhist philosophy

Bruce Long, PhD

Associate Professor of Religious Studies

Research interests: Hinduism, Buddhism and Buddhist hermeneutics, and religious studies methodology

Darui Long, PhD

Associate Professor of Religious Studies

Research interests: Chinese Buddhist canon, Dunhuang studies, Chinese history and literature

Affiliated Faculty

Venerable Jue Ji, PhD

Director of the Institute of Chinese Buddhist Studies

Emeritus Faculty

Ananda W.P. Guruge, PhD

Lewis Lancaster, PhD

Introduction

The Religious Studies Department specializes in the study of Buddhism and comparative religion. It offers two graduate-level degrees, an MA and PhD in Religious Studies. In addition to its teaching mission, department faculty are involved in various research projects, including detailed study of Chinese, Sanskrit, and Pali-language Buddhist texts. The Religious Studies Department works closely with other departments at UWest, particularly Buddhist Chaplaincy and Psychology, providing a bridge between the study of religion, past, present, and future, and the problems of modern living.

Philosophy & Objectives

Through the study of religion students acquire a deeper understanding of religious practices, ideas, outlooks, and concerns that have influenced and continue to influence human culture and existence. Asian religious traditions and particularly Buddhism provide the core focus and foundation of the program. The Department is dedicated to open academic inquiry and religious diversity. More specifically it is committed to fostering an environment that furthers religious understanding between East and West. Students from all religious backgrounds are encouraged to bring their own unique and enriching perspective to the study of religion.

MASTER OF ARTS IN RELIGIOUS STUDIES

Introduction

The Master of Arts in Religious Studies is a two-year, full-time degree program that allows students to gain a critical appreciation and understanding of different facets of religion. Students, given their particular interests and needs and in close consultation with a faculty advisor, design their own course of study. For example, students may draw on courses offered at UWest to create an emphasis in Buddhist history and texts, comparative religions, Humanistic Buddhism, Chinese religions, South Asian religions, Buddhism and psychology, Buddhism and contemporary culture, Buddhist theology and ministry, or an area tailored to the student's particular interests.

Admissions Requirements

Please see minimum requirements for admission to the University outlined earlier in this catalogue.

Program Learning Outcome

Institutional Learning Outcomes	Area	Program Learning Outcomes
Wisdom & Skillful Means Students are thoroughly prepared for academic and professional success.	Knowledge	Students will be able to summarize and explain different facets of religion and religious life.
	Praxis	Students will be able to apply the tools and theories used in the academic study of religion.
	Ethics	Students will be able to identify ethical issues raised by religion(s) and explain their significance.
	Critical Thinking	Students will be able to think critically about specific religious traditions and about the academic study of religion, in general.

	Communication	Students will be able to engage in scholarly writing and presentation.
Self-Awareness Students are prepared to engage in an ongoing-process of self-understanding that enables them to lead happy, purposeful lives characterized by healthy relationships to self and others.	Character	Students will be able to critically relate religious teachings to their own self-exploration and character development.
Liberation Students recognize the diversity and dignity of all human beings and understand their own role in the pursuit of social justice.	Pluralism	Students will be able to acknowledge the value of religious diversity.
	Liberation from Suffering	Students will be able to critically relate religious teachings to issues of suffering.
Interdependence Students possess a holistic understanding of global interdependence in order to cultivate compassionate thought, speech, and action in service to themselves, others, and the environment.	Culture	Students will be able to critically evaluate the role of religion in human culture and society.

Course Requirements

Area	Required Units
Core Courses	6
Religious Diversity Requirement	3
Specialization & Electives	27
Total	36

Core Courses: During the first two semesters, students take 6 units of core courses below. Students will acquire knowledge of the tools and theories used for the advanced academic study of religion.

Course	Required Units
REL 600 History and Theory of the Study of Religion	3
REL 607 Research Methods	3

Religious Diversity Requirement: One 3-unit, graduate-level course in comparative religion or a religious tradition outside of one's area of focus to be determined in consultation with one's faculty advisor. Students will gain an understanding, respect, and appreciation of religious and cultural diversity.

Specialization and Electives: A student is encouraged to develop an area of emphasis in consultation with their faculty advisor, which should reflect a structured approach to the student's focus and interests.

Students take 27 units of courses in this area. One class per semester may be taken at an approved collegiate partner, such as Claremont Lincoln University. All courses must be at the graduate-level. Students will acquire knowledge and research and writing skills in their chosen area of emphasis or focus.

Optional PhD Preparation Track

For students who plan to pursue further academic study and apply to a PhD program, the following components are optional, although highly recommended. These courses can be applied toward graduation.

Language: Students may pursue 6 to 12 units of language study as part of their overall coursework. Language study is recommended during the first year of coursework or as soon as the relevant courses are offered. Students will acquire basic working knowledge of a research language.

Thesis Project: Students may enroll in the 3-unit course REL 700 Thesis Project at the outset of the semester in which they intend to write their thesis and submit a thesis on a research subject agreed to with the professor who has consented to supervise the project. The thesis must be at least 50 double-spaced pages in length (excluding the title page, abstract, and bibliography). The Master's candidate must have a Thesis Committee composed of three faculty members (including the student's advisor) approved by the Dean of Academic Affairs in consultation with the student prior to the end of the semester during which the thesis class is taken. Alternatives to the traditional thesis (e.g., publishable article, multimedia projects) may be pursued in consultation with a student's faculty advisor. Students will be able to undertake intermediate graduate level research and writing.

Standard Course Progression

1st Year

Fall	9 Units	Spring	9 Units
REL 600	3	REL 607	3
Elective	3	Elective	3
Elective	3	Elective	3

2nd Year

Fall	9 Units	Spring	9 Units
Elective	3	Elective	3
Elective	3	Elective	3
Elective	3	Elective or Thesis Project	3

Graduation Requirements

Students must complete 36 units as designated above with a cumulative GPA of 3.0 or higher. Residency requirements state that no more than 6 units may be fulfilled through the transfer of credit from another institution. In addition to these requirements, students must submit a portfolio of their work to the department for assessment and review. (Portfolio guidelines are found in the REL Graduate Student Handbook.)

DOCTOR OF PHILOSOPHY (PhD) IN RELIGIOUS STUDIES

Introduction

The Doctor of Philosophy (PhD) in Religious Studies is an advanced research degree meant for those specializing in the comparative study of Buddhism in relation to another religion or the intensive study of an aspect of Buddhism, leading to a dissertation. The PhD in Religious Studies is a selective research program that prepares students to work at the university level. Research and writing skills are developed to the level necessary to participate in professional academic discourse. A doctoral degree is awarded on the basis of evidence that the recipient possesses knowledge of a broad field of learning and expert mastery of a particular area of concentration within it.

The University offers two concentrations in its doctoral program. First, doctoral students may specialize in Buddhist Studies. This is for advanced research in the comparative study of Buddhism in relation to another religion, or the intensive study of an aspect of Buddhism, leading to a dissertation. Second, a doctoral student may choose Comparative Religions. This is for advanced research in the comparative study of Religions.

Progress through the doctoral program is determined both by course work and by the successful completion of preliminary and qualifying examinations. As a means of tailoring the program to the needs and interests of individual students, the number and content of these examinations will be personally determined for each student on an individual and ongoing basis by the Doctoral Committee. Failure to successfully complete any qualifying examination after two attempts in a row may result in termination of the student's enrollment in the program.

Important Note: Prior to the beginning of the semester in which an advanced degree is to be conferred, the student must have advanced to candidacy for that degree and should have received formal notice confirming candidacy from the Dean of Academic Affairs. The student should consult the departmental graduate advisor to determine which degree requirements, if any, have not yet been satisfied.

Admissions Requirements

- A BA in Religious Studies, Theology, Philosophy, or equivalent from an accredited university. If the BA is in a different field, the student must have at least an MA in Religious Studies, Theology Philosophy or equivalent. If neither criterion can be met, the student cannot be admitted into the PhD program. Student may be admitted into the MA program, but must then meet the MA admission requirements.
- It is recommended that the statement address the applicant's proposed area of research, his or her academic preparation to engage in such research, and how the program will be instrumental in pursuing his or her scholarly and professional goals.
- At least two of the letters of recommendation must be from qualified scholars at recognized educational institutions.
- A copy of the student's MA thesis, if applicable.

Please see other minimum requirements for admission to the University outlined earlier in this catalogue.

Program Learning Outcome

Institutional Learning Outcomes	Area	Program Learning Outcomes
Wisdom & Skillful Means Students are thoroughly prepared for academic and professional success.	Knowledge	Students will be able to summarize and explain different facets of religion and religious life.
		Students will demonstrate a working knowledge of research language(s).
	Praxis	Students will be able to apply the tools and theories used in the academic study of religion.
	Ethics	Students will be able to identify ethical issues raised by religion(s) and explain their significance.
	Critical Thinking	Students will be able to think critically about specific religious traditions and about the academic study of religion, in general.
		Students will be able to develop their own critical perspective and engage in sustained analysis about specific religious traditions and about issues in the field of religious studies.
	Communication	Students will be able to engage in scholarly writing and presentation.
Self-Awareness Students are prepared to engage in an ongoing-process of self-understanding that enables them to lead happy, purposeful lives characterized by healthy relationships to self and others.	Character	Students will be able to critically relate religious teachings to their own self-exploration and character development.
Liberation Students recognize the diversity and dignity of all human beings and understand their own role in the pursuit of social justice.	Pluralism	Students will be able to acknowledge the value of religious diversity.
	Liberation from Suffering	Students will be able to critically relate religious teachings to issues of suffering.
Interdependence Students possess a holistic understanding of global interdependence in order to cultivate compassionate thought, speech, and action in service to themselves, others, and the environment.	Culture	Students will be able to critically evaluate role of religion in human culture and society.

Course Requirements

Area	Required Units
Core Courses	9
Electives	42
Preliminary Examination	0
Candidacy Examination	0
Research Training (REL 710)	12
Total	63
Language Requirements:	
Primary Research/Canonical Language	12
Secondary Research Language	6

Core Courses: Nine units of core courses are to be taken during the first two semesters.

Course	Units
REL 600 History and Theory of the Study of Religion	3
REL 601 Seminar on Historical and Textual Methodologies	3
REL 607 Research Methods	3

Electives: An additional 42 units of courses are to be chosen by the PhD student in consultation with his or her advisor. Students with a concentration in Buddhist Studies must take 30 units of coursework in Buddhist Studies and 12 units of coursework in Comparative Religions. Students with a concentration in Comparative Religions must take 30 units of coursework in Comparative Religions and 12 units of coursework in Buddhist Studies.

Concentration Coursework: Buddhist Studies

REL505 Women in Buddhism	3 units
REL521 Buddhist Meditation Practicum	3 units
REL530 Topics in Buddhist Studies: Buddhist Meditation	3 units
REL540 Buddhist Hermeneutics	3 units
REL545 Sacred Time and Sacred Space in the History of Religions	3 units
REL569 Buddhism and Art	3 units
REL/MBA582 Humanistic Buddhism and Management	3 units
REL622 Topics in Buddhist Studies: Development in Buddhist Philosophy	3 units
REL625 Cultural and Social Aspects of Buddhism	3 units
REL627 Buddhism and Ritual	3 units
REL631ABC Seminar on Pali Buddhist Texts	3-9 units

REL632ABC Seminar on Chinese Buddhist Texts	3-9 units
REL633 Seminar on Tibetan Buddhist Texts	3-9 units
REL634 Seminar on Sanskrit Buddhist Texts	3-9 units
REL636 Seminar on Buddhist Texts: Buddhist Texts in Translation	3 units
REL642 Topics in Buddhist Studies: Developments in Buddhist Psychology	3 units
REL644 Seminar on Regional Buddhist Traditions: Indian Buddhism	3 units
REL648 Seminar on Regional Buddhist Traditions: Southeast Asian Buddhism	3 units
REL649 Seminar on Regional Buddhist Traditions: East Asian Buddhism	3 units
REL653 Topics in Buddhist Studies: Vajrayana Buddhism	3 units
REL655 Perspectives in the Study of Chan/Zen Buddhism	3 units
REL656 Seminar on Regional Buddhist Traditions: Central Asian Buddhism	3 units
REL657 Humanistic Buddhism and Current Issues	3 units
REL659 Buddhism in the U.S.	3 units
REL670 Spread of Buddhism to Central Asia/ China	3 units

Concentration Coursework: Comparative Religious Studies

REL515 Religions of China	3 units
REL520 Religions of India	3 units
REL545 Sacred Time and Sacred Space in the History of Religions	3 units
REL550 Mysticism East and West	3 units
REL560 Religion and the Meaning of Existence	3 units
REL590 Comparative Study of Religion	3 units
REL592 Myth and Mythology	3 units
REL603 Philosophy of Religion Seminar	3 units
REL610 Religion and Ethics Seminar	3 units
REL615 Religion and Psychology Seminar	3 units
REL640 Topics in Comparative Religion	3 units
REL660 Seminar on Buddhist-Christian Dialogue	3 units

Languages: Students must earn 12 units in a primary language and 6 units in a secondary language. Students with a concentration in Buddhism must acquire intermediate working knowledge in a Buddhist canonical language (Pali, Sanskrit, Chinese, Tibetan, etc.) as their primary language requirement. This coursework is required, but is not degree applicable, and may be waived based upon a student's prior experience, education, and/or proficiency.

Preliminary Examination: When the student has completed 18 units of doctoral coursework, he or she must petition to take the Preliminary Examination. The Preliminary Examination is a 35-45 page research paper that represents scholarly analysis and research relating to one or more courses taken by the candidate. Students are advised to consult the REL Graduate Student Handbook for further details about this requirement.

Upon recommendation of the Department Chair, the Preliminary Examination may be waived if a student has successfully completed an MA Thesis in Religious Studies, Theology, Philosophy, or equivalent.

Candidacy Examination: When the candidate has completed a minimum of 51 units of doctoral coursework, has fulfilled the language requirements, and has passed the Preliminary Examination and all qualifying examinations required by the Doctoral Committee, he or she must petition to take the Candidacy Examination. The Candidacy Examination covers three subject fields, to be determined individually between the student and members of the Doctoral Committee.

The field examinations will be written. Students are expected to consult with their committee members to prepare reading lists for each of the three field examinations, which will serve as the basis for the examination questions. The examinations will take place over a two-week period, and must be taken onsite at the University of the West campus. Each examination will take three hours, and students will not be allowed to consult any books, notes, or the Internet during the examination. Field examinations will be graded “pass,” “fail,” or “pass with distinction.” If a student should fail an examination, faculty will decide if and when it may be repeated; additional work may be required in order to retake an examination.

Additional guidelines and details regarding the Candidacy Exam can be found in the REL Graduate Student Handbook.

Candidacy will lapse automatically if the student loses graduate standing by academic disqualification or failure to comply with the University policy on continuous registration. A readmitted student who was a candidate must again advance to candidacy and thereafter enroll as a candidate for at least one academic semester before the degree may be conferred.

Research Training (Dissertation): Upon being granted candidacy status, the candidate will be ready for the dissertation phase. Students will be able to undertake advanced graduate level research and writing. A PhD student is required to register for REL 698A, 698B, REL 710, or a combination of these courses for a total of at least 12 units while engaged in the dissertation process.

Immediately after completing the candidacy examination, the successful candidate will be expected to begin work on their dissertation proposal. In the proposal, the student will outline his/her proposed dissertation project, which is expected to be an original piece of research, based on primary sources, that makes a relevant contribution to the student’s field of study. Once the proposal has been submitted, it will be reviewed by the members of the student’s Doctoral Committee, and the student will be asked to present their proposal and respond to questions before their committee members at the Proposal Defense. During the Proposal Defense, the committee will decide whether it is to be accepted, accepted with revisions, or rejected.

The Doctoral Committee supervises the student’s program, approves the dissertation and conducts the final oral examination or Dissertation Defense. Ordinarily, the final oral examination will be given just prior to completion of the dissertation and while the student is in residence during a regular academic session, and will be open to all members of the academic community.

After approval by the Doctoral Committee, the student will make any final revisions necessary and submit at least two (2) copies to the University of the West Library for binding (according to UWest Library and Binding Guidelines).

Important guidelines and procedures regarding the composition of the Doctoral Committee, dissertation proposal, dissertation defense, and final submission of the dissertation can be found in the REL Graduate Student Handbook.

Graduation Requirements

1. A minimum of 63 post-baccalaureate semester units in graduate courses as specified for each candidate by the Doctoral Committee appointed by the Dean of Academic Affairs;
2. Fulfillment of the language requirements;
3. A minimum grade point average (GPA) of 3.0;
4. A Pass (P) in the Preliminary Examination on the student's mastery of fundamental knowledge of the discipline when he/she has completed 18 units of doctoral course work;
5. A Pass in the Candidacy Examination, taken when the student has completed a minimum of 51 units of doctoral course work;
6. A research dissertation demonstrating critical judgment, intellectual synthesis, creativity, and skill in written communication.

Residence Requirement: The PhD degree requires a minimum of three years of full-time graduate education or the equivalent in part-time study. Four to six years of full-time academic work beyond the bachelor's degree typically is required to complete the degree.

Students may be allowed to transfer up to 30 units of graduate level work upon approval of the Department.

After finishing all course work, but before submitting his or her dissertation, a student must maintain continuous enrollment until the dissertation is completed. Failure to register and pay the associated tuition and fees may interfere with residence requirements and lead to lapse of candidacy status.

RELIGIOUS STUDIES COURSE DESCRIPTIONS

LANGUAGE COURSES

CCHN 500A First Year Classical Chinese I, 3 units

Prerequisite: None.

An introduction to classical Chinese for students with no prior training in either modern or classical forms of Chinese. Students who are familiar with another language that uses Sinitic script (e.g. Japanese, Vietnamese, or Korean), but who have no training in the reading of classical Chinese, are eligible for the class. Topics covered: Pinyin pronunciation, Romanization, and orthography; composition and orthography of Chinese characters (hanzi); dictionary usage; and basic syntax and grammar of classical Chinese.

CCHN 500B First Year Classical Chinese II, 3 units

Prerequisite: CCHN 500A or permission of instructor.

A review of the phonology, morphology, and syntax of classical Chinese with emphasis on reading selected texts. Students will focus on improving the linguistic and research skills introduced in CCHN500, and will engage directly in reading classical Chinese texts under the instructor's supervision.

CCHN 501A Second Year Classical Chinese I, 3 units**Prerequisite:** CCHN 500B or permission of instructor.

An advanced level of studies in classical Chinese grammar and syntax involving translation from classical Chinese.

CCHN 501B Second Year Classical Chinese II, 3 units**Prerequisite:** CCHN 501A.

Continuation of upper-level classical Chinese. Selected readings from various sources. At the end of the course, students will be able to read and translate a sutra.

PALI 500A First Year Pali I, 3 units**Prerequisite:** None.

Introduction to the history and basics of the Pali language including pronunciation, vocabulary, grammar and script, and minor translations.

PALI 500B First Year Pali II, 3 units**Prerequisite:** PALI 500A or permission of instructor.

A review of the phonology, morphology, and syntax of the Pali language with emphasis on reading selected Pali texts.

PALI 501A Second Year Pali I, 3 units**Prerequisite:** PALI 500B or permission of instructor.

An advanced level of studies in Pali grammar and syntax involving translation to and from Pali.

PALI 501B Second Year Pali II, 3 units**Prerequisite:** PALI 501A.

Continuation of upper-level Pali. Selected readings from various sources. At the end of the course, students will be able to read and translate a sutra.

SNSK 500A First Year Sanskrit I, 3 units**Prerequisite:** None.

An introduction to the devanagari script as well as the phonology, morphology, and syntax of the Sanskrit language with the goal of developing a reading knowledge of Sanskrit.

SNSK 500B First Year Sanskrit II, 3 units**Prerequisite:** SNSK 500A or permission of instructor.

A review of the phonology, morphology, and syntax of the Sanskrit language with an emphasis on reading selected Sanskrit texts.

SNSK 501A Second Year Sanskrit I, 3 units**Prerequisite:** SNSK 500B or permission of instructor.

An advanced level of studies in Sanskrit grammar and syntax, involving translation to and from Sanskrit.

SNSK 501B Second Year Sanskrit II, 3 units**Prerequisite:** SNSK 501A.

Continuation of upper-level Sanskrit. Selected readings from various sources. At the end of the course, students will be able to read and translate a sutra.

TIB 500A First Year Tibetan I, 3 units**Prerequisite:** None.

An introduction to fundamentals of Tibetan, including recognition and handwriting of 30 Tibetan letters and 4 vowel symbols, and the methods of pronunciation and rules of spelling.

TIB 500B First Year Tibetan II, 3 units**Prerequisite:** TIB 500A or permission of instructor.

A study of advanced Tibetan grammar and reading of selected Tibetan literature: folk poems, maxims, and modern literature.

TIB 501A Second Year Tibetan I, 3 units**Prerequisite:** TIB 500B or permission of instructor.

A study of selected readings of historical documents, letters and filed documents.

TIB 501B Second Year Tibetan II, 3 units**Prerequisite:** TIB 501A or permission of instructor.

Continuation of upper-level Tibetan. Selected readings from various sources. At the end of the course, students will be able to read and translate a sutra.

RELIGIOUS STUDIES COURSES**REL 201 Religions of the East, 3 units****Prerequisite:** None.

A survey of religious traditions, including major developments of the traditions of these cultures.

REL 202 Religions of the West, 3 units**Prerequisite:** None.

Basic themes of the Western religious traditions, including Bahai, Judaism, Christianity, Islam, Zoroastrianism, the mystery religions, and the religions of ancient Egypt, Mesopotamia, and Greece.

REL 300 Dimensions of Religion, 3 units**Prerequisite:** None.

An introduction to the dimensions and functions of religion with an emphasis on religious beliefs, experience, institutions, language and rituals.

REL 301 Fundamentals of Buddhism, 3 units**Prerequisite:** REL 201 recommended or by permission of instructor.

An overview of the Buddhist religious traditions (Southern/Theravada, Mahayana, and Vajrayana), the principal teachings, the position of the Buddha in the traditions, and the communities that comprise the traditions. Buddhist art and literature, devotion, meditation, ethics, and the Sangha will also be discussed.

REL 505 Women in Buddhism, 3 units**Prerequisite:** REL 600.

The history of women in Buddhism, including their roles, status, education, value, and leadership. The course examines changes in the status of Buddhist women over time and examples of the female sacred and of women who have been regarded as exemplary models.

REL 515 Religions of China, 3 units**Prerequisite:** REL 600.

A comparative study of the complex religious developments within China, including Daoism and Confucian thought. Buddhism will be studied from its place within the sphere of popular religions and syncretic patterns.

REL 520 Religions of India, 3 units**Prerequisite:** REL 600.

An examination and comparison of the Brahmanic/Hindu and Sramana/Samana traditions of India from the earliest accounts up to the present. Buddhism and Jainism will be viewed as heterodox traditions against the backdrop of the Vedic practices as well as the revival/continuation of pre-Aryan beliefs and practices.

REL 521 Buddhist Meditation Practicum**Prerequisite:** None.

A lab-comparable component to the study of Buddhist meditation, this class takes a hands-on approach to understanding traditional and/or contemporary methods of mental cultivation in a live setting.

REL 530 Topics in Buddhist Studies: Buddhist Meditation, 3 units**Prerequisite:** REL 600.

A study of Buddhist approaches to and paradigms of meditation and the training of the mind. The class discusses theories and practices of mental developments across different Buddhist traditions, with special emphasis on how these practices pertain to foundational Buddhist teachings.

REL 540 Buddhist Hermeneutics, 3 units**Prerequisite:** REL 600 and 601.

An examination of the methods that Buddhists have developed for the interpretation of sutras. Students are also introduced to modern historical and literary approaches to criticism and their application to Buddhist texts.

REL 545 Sacred Time and Sacred Space in the History of Religions, 3 units**Prerequisite:** REL 600.

Explores two fundamental ways in which human beings have provided structure and order for their lives, by distinguishing between Sacred Time and Sacred Space, exemplified in Australian religions, Judaism, Christianity, Hinduism and Buddhism.

REL 550 Mysticism East and West, 3 units**Prerequisite:** REL 600.

A study of mysticism, a phenomenon found in each of the world's major religious traditions. This course examines texts (in translation), doctrines, and methods found in each tradition as well as contemporary analysis of mystical phenomena.

REL 560 Religion and the Meaning of Existence, 3 units**Prerequisite:** Graduate status or permission of instructor.

An exploration of religion as a response to basic existential questions, such as the problem of suffering, the nature of meaning, the anxiety surrounding death, and the problems of injustice.

REL 569 Buddhism and Art, 3 units**Prerequisite:** None.

A study of origin and evolution of Buddhist art as an integral part of Buddhism in South and East Asian countries by means of conveying the doctrinal understanding, and establishing the religious values in the society. Understanding of the symbolic aspects of Buddhist art is expected.

REL/MBA 582 Humanistic Buddhism and Management, 3 units**Prerequisite:** None.

Introduces students to principles and practices of Humanistic Buddhism, as interpreted by Master Hsing Yun of Fo Guang Shan Buddhist Order, with a view to applying them to management style and techniques in nonprofit, government and for-profit organizations.

REL 590 Comparative Study of Religion, 3 units**Prerequisite:** REL 600.

A comparative study of two or more religious traditions. Topics to be announced each semester.

REL 592 Myth and Mythology, 3 units**Prerequisite:** REL 600.

An exploration of the nature and function of myths and mythology in the History of Religions with a focus on mythical expressions of a variety of themes, such as origin of the universe, origin of humans, death, evil and suffering, time and eternity, salvation.

REL 595 Advanced Religious Studies Work Experience, 1-3 units
Prerequisite: Approval of advisor/department chair.

For students who wish to augment their graduate studies with specialized training and/or experience outside the University in their own field of study. The field experience must have significant bearing on the professional goals of the student and must be in addition to the student's regular commitment.

REL 599 Directed Reading and Research, 3 units**Prerequisite:** Completion of 9 units at the graduate level.

A directed reading and research course for graduate students of Religious Studies. Enrollment requires the consent of the supervising professor. A paper is required. A maximum of 3 units may be taken in a semester. Graded Pass/No Pass.

REL 600 History and Theory of the Study of Religion, 3 units**Prerequisite:** Graduate status.

A study of the various ways in which religious practice and thought have been approached by scholars within the traditions and within the academic community. Religion will be examined in relation to cross-cultural studies as well as the competing claims of objective data and subjective awareness.

REL 601 Seminar on Historical and Textual Methodologies, 3 units**Prerequisite:** Graduate status.

A study of the nature and function of history and hermeneutics within religious traditions and modern critical theory. Methods of historical research and scripture criticism, their value and limitations will be covered.

REL 603 Philosophy of Religion Seminar, 3 units**Prerequisite:** REL 600.

A study of issues in the philosophy of religion, including the nature of religion, the relation of philosophy to religion, the nature of religious language, problems of the verification of religious beliefs and the interpretation of religious experience.

REL 607 Research Methods, 3 units**Prerequisite:** Graduate status.

This course focuses on the development of skills essential for engaging in research at the doctoral level and beyond. Students will be taken through the process of writing a research paper, from choosing and developing a topic, locating and engaging with source materials, and crafting an argument; to the review, revision, and presentation of research results. Library-based and electronic resources, as well as relevant software applications will also be introduced.

REL 610 Religion and Ethics Seminar, 3 units**Prerequisite:** Graduate status or permission of instructor.

A study of the relationship of religion and ethics and of religious issues in ethics.

REL 615 Religion and Psychology Seminar, 3 units**Prerequisite:** Graduate status or permission of instructor.

An examination of the history, development, and major theories found in the contemporary psychology of religion, with comparisons made with traditional religious psychological thought systems and methods.

REL 622 Topics in Buddhist Studies: Developments in Buddhist Philosophy, 3 units**Prerequisite:** Graduate status or permission of instructor.

This class conducts philosophical and critical analysis of Buddhist thought, including topics such as: philosophical justification and/or critiques of Buddhist ideas; Buddhist epistemology, ontology, and phenomenology, pertaining to the status of knowledge, the person, reality, and the connection of soteriology (liberation/ultimate freedom) with the above.

REL 625 Cultural and Social Aspects of Buddhism, 3 units**Prerequisite:** REL 600.

An examination of the cultural and social history of Buddhism, the aspects of current scholarship that relate to the study, and an investigation of the problems that involve religion as an institution, with special reference to the emergence of the concepts of Humanistic Buddhism and Socially Engaged Buddhism.

REL 627 Buddhism and Ritual, 3 units**Prerequisite:** REL 600.

This course focuses on the role of ritual within Buddhism, with an emphasis on the Buddhist traditions of East Asia and Tibet. General aspects of Buddhist ritual will be examined, in addition to specific categories of ritual practice within different Buddhist traditions. Secondary emphasis will be placed on familiarizing students with some of the most prominent theoretical frameworks and methodologies for understanding and analyzing religious ritual. Readings will include primary sources, secondary scholarship, and theoretical readings.

REL 631 Seminar on Buddhist Texts in Pali, 3-9 units**Prerequisite:** Reading proficiency in Pali.

A study of selected texts from the Pali Canon, supplemented with relevant secondary scholarship. Topic to be announced each semester.

REL 632 Seminar on Buddhist Texts in Chinese, 3-9 units**Prerequisite:** Reading proficiency in classical Chinese.

Selected readings from Chinese Buddhist texts, supplemented with relevant secondary scholarship. Topic to be announced each semester.

REL 633 Seminar on Buddhist Texts in Tibetan, 3-9 units**Prerequisite:** Reading proficiency in Tibetan.

Reading of canonical texts from the bstan-'gyur and bka'-'gyur, supplemented with relevant secondary scholarship.

REL 634 Seminar on Buddhist Texts in Sanskrit, 3-9 units**Prerequisite:** Reading proficiency in Sanskrit.

This course will cover texts in standard Sanskrit, Buddhist Hybrid Sanskrit, Prakrit, and inscriptional selections, supplemented with relevant secondary scholarship.

REL 636 Seminar on Buddhist Texts: Buddhist Texts in Translation, 3-9 units**Prerequisite:** REL 600.

An analysis and close reading of one or more Buddhist literary works in English translation, supplemented with relevant secondary scholarship. Specific topic(s) to be announced each semester.

REL 640 Topics in Comparative Religion, 3 units**Prerequisite:** REL 600.

A comparative study of a religious concern or topic. Topic to be announced each semester.

REL 642 Topics in Buddhist Studies: Developments in Buddhist Psychology, 3 units**Prerequisite:** Graduate Status.

This class conducts a critical analysis of Buddhist understanding of psychological phenomena, and the current dialogues between modern psychology and Buddhism. Topics may include: early Buddhist understanding of experience; identity formation; the psychological mechanisms underlying suffering and enlightenment; Abhidhammic and Yogacara analysis of cittas and cittasikas; comparative studies of Buddhist and modern psychology, applied Buddhist psychotherapy, and horizons of new fields of research in Buddhist psychology.

REL 644 Seminar on Regional Buddhist Traditions: Indian Buddhism, 3 units**Prerequisite:** REL 600.

A study of the rise of Mahayana Buddhism, ca. 100 CE, and its spread throughout India and beyond, with special emphasis on the development of the "Perfection of Wisdom" school of Buddhism and the Bodhisattva doctrine. Specific topic(s) to be announced each semester.

REL 648 Seminar on Regional Buddhist Traditions: Southeast Asian Buddhism, 3 units**Prerequisite:** REL 600.

This course covers the early development of Buddhism in India and the ways in which it spread into the Southeast. The interaction between Brahmanic practices and Buddhism is highlighted with reference to the practices in the various kingdoms that adopted Indian religious patterns. Specific topic(s) to be announced each semester.

REL 649 Seminar on Regional Buddhist Traditions: East Asian Buddhism, 3 units**Prerequisite:** REL 600.

A study of the various aspects of Buddhist thought and practice in East Asia. Specific topic(s) to be announced each semester.

REL 653 Topics in Buddhist Studies: Vajrayana Buddhism, 3 units**Prerequisite:** REL 600.

A study of the development, literature, and practices of the various types of Vajrayana (e.g. 'Tantric' or 'Esoteric') Buddhist traditions found historically in India, Tibet, and East Asia. Specific topic(s) to be announced each semester.

REL 655 Perspectives in the Study of Chan/Zen Buddhism, 3 units**Prerequisite:** REL 600.

This course focuses on recent developments in the field of Chan/Zen Studies. Emphasis is placed on gaining a critical understanding of the history and context of the Chan/Zen movement through broad readings in current scholarly literature.

REL 656 Seminar on Regional Buddhist Traditions: Central Asian Buddhism, 3 units**Prerequisite:** REL 600.

A study of the interaction of Buddhism with the empires, nomadic confederations, and cultural patterns found in Central Asia and Tibet. The history of the regions along the trading routes will be considered as well as the ways in which Buddhism and other religions developed in the region. Specific topic(s) to be announced each semester.

REL 657 Humanistic Buddhism and Current Issues, 1 units**Prerequisite:** Graduate Status.

This is a 1 (one) unit course taught by the Founder of Fo Guang Shan on a current issue. Topics are announced. Students may take this course up to 6 (six) times.

REL 659 Buddhism in the U.S., 3 units**Prerequisite:** Graduate Status.

An introduction to the history of Buddhism in the U.S., with special attention to key issues and methodological approaches.

REL 660 Seminar on Buddhist-Christian Dialogue, 3 units**Prerequisite:** REL 600.

Under the guidance of a lecturer in Buddhism and a lecturer in Christianity, students explore the similarities and differences between Buddhism and Christianity. Topics covered include God, Nirvana, Concepts of Self, Suffering and Ethics.

REL 670 Spread of Buddhism to Central Asia/China, 3 units**Prerequisite:** REL 600.

This course will trace the spread of Buddhism from the India to Central Asia, particularly into regions in modern-day Pakistan, and Afghanistan, and then further over the mountain passes into Central Asia and eastward to western China. It uses the Silk Road and other trade routes to map the development and spread of Buddhist thought and practice through the cultural and historical context.

REL 698A Dissertation Proposal Seminar, 3 units**Prerequisite:** Permission of instructor.

A seminar focused on the development of the PhD dissertation proposal. Topics to be discussed include: selection of the dissertation topic, development of an original argument, situating one's topic, in relation to existing scholarship, and Buddhist-inspired strategies for writing and completing the project. REL 698A may be taken in lieu of REL 710. Enrollment limited to ten students. Graded Pass/No Pass.

REL 698B Dissertation Writing Seminar, 3 units

Prerequisite: Advancement to Candidacy for the PhD and permission of instructor.

In this seminar, students will review and develop strategies for dissertation writing. Topics to be discussed include: Buddhist inspired strategies for writing and completing the dissertation. Under close guidance, students will be expected to complete a solid draft of one chapter of their dissertation. REL 698B may be taken in lieu of REL 710. It may also be taken multiple times. Enrollment limited to ten students. Graded Pass/No Pass.

REL 700 Thesis Project, 3 units

Prerequisite: Registration in final semester of MA studies.

All MA students electing the thesis plan must enroll in this course. Students must maintain their enrollment by registering for this course each semester until successful completion of their thesis. Graded Pass/No Pass.

REL 710 Dissertation Research, 3-9 units

Prerequisite: Advancement to Candidacy for the PhD

Research for the dissertation. Students must maintain their enrollment by registering for this course each semester until successful completion of their dissertation. Graded Pass/No Pass.

REL 715 Continuous Enrollment Research, 1 credit

Course required for graduate level students who no longer need courses, but must remain in continuous enrollment each semester until completion of exam, dissertation, etc. is completed. Course does not count toward minimum requirements for graduation. Graded Pass/No Pass.